

Roundwood Park School



Whole School Food Policy

Reviewed: January 2019

Next review: January 2021

(Students, Families and Community Committee)

Scope and availability

This policy states the school's requirements and objectives regarding food and nutrition across the whole school, incorporating the former Nutritional Standards Policy. It is freely available to the entire school community and accordingly is:

- Available on the school's website
- Publicised annually in RoundUp

School aims and values

Roundwood Park School is committed to promoting the health and welfare of all students, staff and visitors to the school. The school recognises that healthy eating is an important contribution to students leading active and healthy lives and to their ability to take full advantage of the educational opportunities that the school provides.

The school encourages healthy eating as an essential part of a healthy lifestyle through:

- Menus and ingredients are constantly being reviewed to ensure pupils have good quality sourced local food
- The availability and presentation of food in the cafeteria encouraging students to take school lunches and to select healthy options
- The formal curriculum relating to food being consistent and up to date across all relevant lesson areas
- All food-related lessons incorporating awareness of the importance of making healthy food and lifestyle choices
- Wherever else appropriate, providing advice and encouragement to students to adopt a healthy lifestyle and in particular to make healthy choices of food.

Statutory requirements

It is a statutory requirement that:

- All school lunches meet the minimum standards set out in the Education (Nutritional Standards for School Lunches) (England) Regulations 2007. The governing body has a duty to ensure that lunches provided meet these standards.
- All catering staff and teachers with food responsibility have basic food hygiene training.

Roles and responsibilities

The Headteacher will ensure that:

- Staff involved in the provision of school lunches, including external providers, are familiar with the Education (Nutritional Standards for School Lunches) (England) Regulations 2007 and Education (Nutritional Standards for School Lunches) Amendment 2008 and 2011.
- Guidance and training based on the regulations is made available to all appropriate staff.

- Other relevant guidance and training is given to all staff involved in delivering lessons on food, nutrition and healthy lifestyle.
- The content, cost, and provision of lunches are monitored, including the entitlement to free school meals.
- The various special dietary needs of students are catered for as far as this is practical.
- Food lessons and food related lessons incorporate awareness of healthy choices and lifestyle.
- This policy is made freely available and appropriately publicised.

The Governing Board will, through its Students, Families and Community Committee:

- Request such information as is necessary to satisfy itself that
 - the provision of school lunches meets at least the minimum standards set out in the Education (Nutritional Standards for School Lunches) (England) Regulations 2007.
 - food-related lessons incorporate awareness of healthy choices and lifestyle.
 - healthy choices of food and lifestyle are promoted across the school.
- Monitor and review this policy on a bi-annual basis.