

Issue: 139

Roundwood Park School, Roundwood Park,
Harpenden AL5 3AE Tel: 01582 765344
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Date: 28 November 2019



RoundUp is published fortnightly on our website.
<http://www.roundwoodpark.co.uk>

Headlines

Dear Parents and Carers

Last Friday I had the pleasure of attending the Roundwood Park Sleep Out. The evening, which involved 55 students and many members of staff, not only raised awareness of homelessness in our country and how difficult it is to be out on the streets but also raised **over £3000** for Herts Young Homeless, one of our chosen charities this year.

The evening began with a talk by Victoria Flynn from Herts Young Homeless and we found this both poignant and inspiring. Special thanks go to Zoe Mullally for her leadership skills and powers of persuasion in getting so many to participate. Congratulations to all who took part.

Enjoy the long weekend.

Alan Henshall, Headteacher



Occasional Day

Please note that the school will be closed on Friday 29 November, as per the school calendar.

Adverse Weather Conditions

In the event of adverse weather conditions, the school will notify you of a closure by sending an InTouch text message and email. You will also get a notification via the school app. There will be messages on the school answering machine and on the school website (www.roundwoodpark.co.uk).

If your child has an exam scheduled and the school has announced that it is closed, please see the information which will be placed on the school website at that time. We will run exams even if the school is closed to other students.

Whole School Photograph

A reminder that the whole school photograph taken at Roundwood Park School is online and available to order at the below site:

Website: www.gillmanandsoame.co.uk

Proof card login: 403132

Proof card password: 573351

Payments

Residential Trips



Deposits due:

Y10/9/8 Netball Tour to Swindon (15-17 May 2020)

Deposit payment £85.00
due by Friday 22nd November.

Y10 Geography Field Studies Trip to South Wales (23-26 June 2020)

Deposit payment £80.00
due by Friday 6th December.

Next Instalments due:

Yr 8 MFL Paris / MFL Rhineland (22-26 June 2020)

2nd instalment £150.00
due by Friday 6th December.

Y10 German Studies trip to Cologne

Final payment (revised amount) £280.00
due by Friday 6th December.

Yr 9 Battlefields Tour

Final payment £170.00
due by Monday 9th December.

Yr 13 Physics Trip to Cern, Switzerland

Final payment £259.00
due by Sunday 15th December.

Due to the uncertainty of the Brexit outcome, if your son/daughter is travelling on an overseas school trip, please ensure that their passport is valid for at least 6 months after the return date of the trip, and that they have a valid EHIC card. Please apply to renew these documents ASAP if they do not have the correct validity.

Please visit the [RPS website](#) for further information including [RPS Calendar](#); [Daily Bulletin](#); [Latest News](#); [Letters Home](#); [Trips & Visits](#); [PE News](#); [Vacancies](#); [RPS HouseSystem](#) [Extra-Curricular Clubs Timetable](#)

Please also follow us on Facebook and Twitter [@RPSCREATIVE](#); [@RPSPE](#); [@RPS_Pastoral](#); [@RPSCAREERS](#)
Or download the Roundwood Park mobile app to keep up to date.

Absence Line

When you call in for absence, please use our dedicated 24 hour absence line:
01582 714049
or e-mail us at absence@roundwoodpark.co.uk

Vacancies



Any current vacancies are published on our website. Please follow the link below:
<https://roundwoodpark.co.uk/vacancies/>

RPS

Christmas Lunch

Tuesday 17 December 2019



Our popular Christmas lunch will take place on Tuesday, 17 December, at a cost of £3.75 per student. This includes a choice of a traditional turkey main course including pigs in blankets (the turkey is suitable for Halal students) or vegetarian option (mushroom, brie and cranberry wellington), dessert and an environmentally friendly cracker. Uptake for our Christmas lunch is usually close to 90%.

As in previous years, payment will be required via ParentPay against the payment option entitled 'Christmas Lunch 17/12/19' (please do not hesitate to contact the finance office if you have forgotten your username and password). **The closing date for payments is 11am on Tuesday 3 December. Please note that payments cannot be accepted after this date as the final catering order has to be placed the following day. If payment is not received by 3 December, your son/daughter will require a packed lunch on 17 December, as there will NOT be an alternative food option on the day. Additionally, the canteen will be closed at break and the sixth form café will be shut all day.**

There is a mandatory 'notes' field on ParentPay in which you must specify either 'turkey' or 'vegetarian'. If a food option is not specified, it will be assumed that your son/daughter would like a turkey meal. Students eligible for free school meals will automatically be allocated a turkey meal. However, you will need to inform our catering manager, in writing and before 3 December, if your son/daughter requires a vegetarian option (please email s.papworth@roundwoodpark.co.uk).

CareMonkey profiles must be updated to reflect any food allergies or intolerance to specific food types, because our catering manager will be accessing this information for each student when planning the Christmas lunch and therefore it is the responsibility of parents that the information provided is correct.

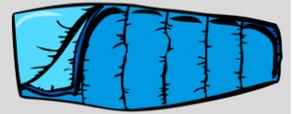
All students will be able to check if their payment has been received by checking the list on the notice board by the canteen entrance (which is updated daily). The Christmas meal is ordered in quantities to meet demand and regretfully, therefore, we will be unable to provide a refund if your son/daughter is absent on 17 December.

If you are in doubt as to whether or not you have paid, please check before the deadline by logging onto ParentPay, click 'Transaction history' on the left-hand side of the home screen, then click on 'Payment history', input the relevant dates when payment could have been made and finally click 'Search'. You will then be able to see all payments within the relevant period.

Please do not hesitate to contact the finance office (before 3rd December) should you have any queries (01582 765344). If you wish to email your query, please contact us at finance@roundwoodpark.co.uk.



RPS Sponsored Sleep Out Friday 22 November



On Friday 22nd November, a group of students and staff took part in GT's Sponsored Sleep out, the first RPS event of its kind. We slept rough in the cold and rain, on cardboard, to help raise money and awareness for our local charity, Herts Young Homeless. Both students and staff took on this experience with determination and resilience, which was an eye-opener into some of the situations young people are faced with. Out of choice, we slept outside in the hope it would mean more young people did not have to.

A special thanks goes to Mrs Rymill and Miss O'Coy, who prepared and served the soup on the evening, with help from F Rymill (11W) and Benjamin Turner, one of our school governors. After soup had been served we then dropped the leftovers to DENS Dacorum, an organisation fighting homelessness and helping to rebuild lives, who also work with Herts Young Homeless. A very fitting and purposeful end to our evening.

I would like to say thank you to everyone who took part in GT's Sponsored Sleep Out or who sponsored us. We are totally overwhelmed by all the support and donations, with the overall total currently at **£3028.81**, which is absolutely incredible. The money we have raised will make a real difference to so many young people.

It was a pleasure to run such a wonderful event and raise an exceptional amount of money and awareness for an amazing cause.

Miss Mullally – Head of Grey-Thompson House





MFL NEWS



CLUBS & TRIPS

KS3 French club Thursdays in ML4
 Kinoklub for 8Y groups Starts Friday 6th Dec
 KS5 French Film club Thursdays (monthly)



Y10 French trip February 2020
 Y10 German trip February 2020
 Y8 Paris trip June 2020
 Y8 Rheinland trip June 2010



SUBJECT SUPPORT SESSIONS



Tuesday lunchtime: grammar workshop - years 11 - 13 (ML6 Senora Pimm)
Thursday lunchtime: speaking practice - year 11 (ML6 Senora Pimm)
Friday lunchtime: advanced grammar workshop - years 12/13 (ML6 Senora Pimm)
Friday lunchtime: speaking practice - year 11 (ML7 Senor Ameneyro)



Y13 Speaking exam practice - Weds lunchtimes
Y13 Trans & Writing exam practice - Thurs lunchtimes
Y12 & 13 Speaking Practice – Thursdays & Mondays
KS4 Exam support - by invitation



KS4 Exam support - Tues lunchtime HTW (ML2) LDA (ML1) & Friday lunchtimes from December - Grades 5 to 7 practice (ML1)

FORTHCOMING EVENTS

MFL Xmas fun at lunchtime

Week beginning 2nd December - Spanish
 Week beginning 9th December - German
 Week beginning 16th December – French



Primary Languages Fair Thursday 12th December
 Our Y9 Language leaders are busy planning fantastic festive activities for local primary school pupils.

Theatre productions

After the fantastic Spanish theatre production provided by Onatti earlier this 1/2 term, we are excited that there will be **French & German productions next term.**



Year 7 French & German Spelling Bees

Hopefully everyone has been working hard to learn their word lists as there will be an inter-house spelling Bee in the Spring term.

And..... **'LANGUARY'**



THANK YOU



The Spanish dept would like to formally thank their Parent Volunteers for all of their help and input with our Spanish students this term. Their enthusiasm and commitment to helping our students is amazing! A huge **gracias** to

Senora Davis (year 9 and year 10)
 Senora Grayson (year 12 & 13)
 Senora Serra (year 12 & 13)
 Senora Pontiggia-Algar (year 12 & 13)

A massive thank you also to Pascale Tassin for her continued support and commitment to helping our Y12 & 13 students with their French speaking skills. We are so grateful to you for giving up your time.

Merci!



@RPSMFL_dept
 mflatrps





RPS Scholars



Staff have been busy developing a range of super-curriculum tasks that students can do at home in order to complement their studies in school. Please see the booklets on the website (<https://roundwoodpark.co.uk/super-curriculum/>) and enjoy completing the tasks. Links to the booklets are listed below:

[Year 7 Super-Curriculum Booklet](#)

[Year 8 Super-Curriculum Booklet](#)

[Year 9 Super-Curriculum Booklet](#)

[Year 10 Super-Curriculum Booklet](#)

We are also launching an exciting new **Twitter** and **Instagram** feed where we will be celebrating the amazing academic successes and effort of our students. Many of our students participate in a range of activities inside and outside of school.

We are proud every day of the efforts they make in their pursuits and we will be sharing these stories on these pages.

Please follow the link and follow the feeds!

<https://twitter.com/rpsscholars>

<https://www.instagram.com/rpsscholars/>

Trampolining Regional Success



Congratulations to the trampolining squad for their success in the opening round of this year's national trampolining competition. Thanks to the teams hugely committed training, the regional round in Hatfield saw many medallists, a great number of qualifiers to the zonal round in Cardiff and many exceptional personal efforts. Summary of results:

- 3 teams Regional Champions, 2 teams in second place (all qualifying for Zonals in Cardiff) and 2 teams in 4th place.
- 7 individuals have qualified for the zonal round in Cardiff:

I Slade (3rd)

J Keddy (2nd in Elite)

J Woods (3rd)

E Roberts (Regional Champion)

S Haxton (2nd)

E Bignell (3rd)

I Glennie (3rd)



Chemistry in Action - Lectures



Education
in ACTION

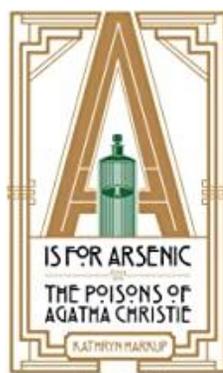
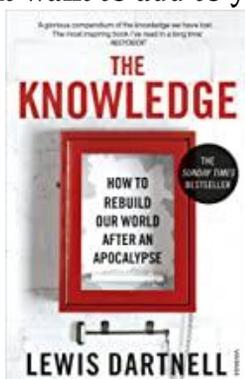


On Thursday 14th November, the Year 12 Chemistry students took a trip to the Emmanuel Centre in Westminster to partake in Education in Action. On this trip we encountered five inspiring scientists each performing a lecture on their field of science.

To start the day off, **Kathryn Harkup** performed a lecture called 'A is for Arsenic.' This was a fascinating lecture about the chemistry behind four medicines, that previously were found on pharmacy shelves and their effects on the body with some killer case studies. The day was then proceeded by **Lewis Dartnell**, an astrobiologist studying how microbial life might persist on the surface of Mars, and this lecture was called 'How chemistry can save you after an apocalypse'. He explained how simple chemistry would be crucial for helping reboot civilization from scratch; Lewis showed how it is possible to run your car on wood alone! Following Lewis Dartnell's lecture was **Jamie Gallagher** and the name of this lecture was 'Do you smell almonds?' This lecture was deeply fascinating and allowed us chemistry students to understand what pushes our taste buds to the limit and how very small differences can lead to dramatic differences in tastes. In this he presented to us an experiment where he poured a small amount of milk into a bottle of coca cola. After half an hour, he showed us this coke again; this time there was a separation between the milk and coke and he revealed that coke is actually colorless! The penultimate lecture was by **Mark Miodownik** who spoke about **materials for the 21st century**. In this lecture, Mark addressed the chemistry behind all the materials around us, even explaining the dangerous effects of crisp packets on our environment. Additionally, he spoke about smart materials; these are able to mend themselves if they are cracked! Finally, **Katherine Holt**, who is a lecturer from UCL, delivered a lecture based on **diamonds and the structure behind them**. Did you know that diamond is an allotrope of carbon, but sometimes natural diamonds can contain nitrogen which causes them to appear yellow (due to extra electrons from the nitrogen)! Overall, the trip was very beneficial, with the class discovering new aspects to chemistry thanks to the five captivating scientists.

S Esteki and S Green (12C)

If you want to find out more about the events that Education in Action put on, visit the following website: <https://thetrainingpartnership.org.uk/>. A couple of books that you might want to add to your reading list! (from Mrs Lidder)





Year 12 Mock Interviews

On Monday 18th & Tuesday 19th November, the Careers department hosted mornings of mock interviews for our Year 12 students.

Fifteen employers from various sectors and with many years of interviewing experience volunteered to quiz and question our students, encouraging them to talk about themselves, express their strengths and practice marketing themselves to a third party.

For many students, this was a first time experience and some were more nervous than others. However, under the guidance of our wonderfully empathetic interviewers, all started to come out of their shell and felt that it was a very worthwhile experience.

Feedback from the employers has been extremely positive; the students were polite, well-presented, well-prepared and “would be a credit to any school”. They thoroughly enjoyed meeting our students and all have said they are looking forward to coming back to Roundwood for future events.

Thank you to all of the employers who gave up their time, we are extremely grateful.

**If you would like to be involved in any of our Careers events at RPS,
please contact careers@roundwoodpark.co.uk**

Important Dates – Key Stage 3

See also House Events on page 8 and the [RPS calendar](#) on the website for any updates

Year 7

Date	Event
13 December 2019	Year 7 Disco
6 May 2020	Bully free form
18 May-4 June 2020	Year 7 Exams
22 May 2020	Sports Day
22-26 June 2020	Enrichment week
2 July 2020	Parent Consultation Evening

Year 9

Date	Event
15-17 January 2020	Year 9 Careers sessions
28 January 2020	English Information Evening for parents
27 February 2020	KS4 Options Evening
5 March 2020	Parent Consultation Evening
11 March 2020	Deadline for KS4 Options
8-12 June 2020	Year 9 Exams
22-26 June 2020	Enrichment week

Year 8

Date	Event
19 March 2020	Parent Consultation Evening
18 May – 4 June 2020	Year 8 Exams
22 May 2020	Sports Day
22-26 June 2020	Enrichment week
8 July 2020	Drug awareness day

Important Dates – Key Stages 4 & 5

See also House Events on page 8 and the [RPS calendar](#) on the website for any updates

Year 10

Date	Event
5 February 2020	Y10 Careers Investigation Day
23 March 2020 onwards	Year 10 Exams
1 April 2020	Work Shadowing Day
22 May 2020	Sports Day
22-26 June 2020	Enrichment week

Year 12

Date	Event
18 December 2019	Y12 host Senior Citizens' Christmas Party
26 March 2020	Y12 Parent Consultation Evening
27 April 2020	Y12 Exams start
11 May 2020	Y12 Professional Placement Week
22 May 2020	Sports Day
22-26 June 2020	Reading Week

Year 11

Date	Event
5 & 6 December 2019	Y11 Careers Sessions
14 January 2020	Post 16 Advice Evening
23 January 2020	Parent Consultation Evening
31 January 2020	Deadline for Sixth Form applications
11 May 2020	GCSE Exams start

Year 13

Date	Event
2 December 2019	Y13 Mock exams start
12 March 2020	Y13 Parent Consultation Evening
14 May 2020	Y13 Leavers' Breakfast
18 May 2020	A Level exams start
23 June 2020	Y13 Clearance Day
25 June 2020	Y13 Leavers' Ball

Wellbeing and Mental Health: Five Ways to Wellbeing



Applications have just gone out for the first round of Mental Health ambassadors and already we have had quite a few returns. It's great to see our students interested in the role and wanting to help educate others. You can find applications on SMHW and it is open to Years 8, 9 and 10.

This week we have included an information poster about 'Sadfishing' which is a new phenomenon associated with social media. It is currently affecting some of our students and would certainly be worth talking to your child about. We have also included December's 'Action for Happiness' calendar which as an alternative advent calendar is a nice way to spread happiness and kindness. We have had these posters up around school each month and will start to use them in our daily bulletin to students. We hope you enjoy the Occasional Day and the long weekend enables you to spend some family time together.

Mrs C Brown, Mental Health Lead



KINDNESS CALENDAR: DECEMBER 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Encourage kindness. Share the Kindness Calendar with others	2 Support a charity, cause or campaign you really care about	3 Give kind comments to as many people as possible today	4 Listen wholeheartedly to others without judging them	5 Leave a positive message for someone else to find	6 Notice when you're hard on yourself or others and be kind instead	7 Make gifts to give to people who are homeless or feeling lonely
8 Do something helpful for a friend or family member	9 Be generous. Feed someone with food, love or kindness today	10 Count your blessings: list the kind things others have done for you	11 Give someone your place in a queue (in traffic or in a shop)	12 See how many different people you can smile at today	13 Buy some extra items and donate them to a local food bank	14 Share a happy memory or inspiring thought with a loved one
15 Visit an elderly neighbour and brighten up their day	16 Look for something positive to say to everyone you meet today	17 Thank people who do things for you but you may take for granted	18 Offer to help someone who is facing difficulties at the moment	19 Give away something that you have been holding on to	20 Congratulate someone for an achievement that may go unnoticed	21 Shop locally and support independent producers
22 Invite over someone who would otherwise be alone	23 Choose to give or receive the gift of forgiveness	24 Offer spontaneous hugs to your loved ones and friends	25 Treat everyone with kindness today, including yourself!	26 Encourage others to join you outside and enjoy time in nature	27 Call a relative who is far away to say hello and have a chat	28 Be kind to the planet. Eat less meat and use less energy
29 Turn off digital devices and really listen to people	30 Let someone know how much you appreciated their gift	31 Plan what extra acts of kindness you will do in 2020...	<p>"Do your little bit of good where you are; those little bits together overwhelm the world" ~ Desmond Tutu</p> 			

ACTION FOR HAPPINESS

#DoGoodDecember

www.actionforhappiness.org

Your happiness is part of something bigger  Join the movement for a happier and kinder world



'Sadfishing' is described as a behavioural trend where people make exaggerated claims about their emotional problems to generate sympathy and attention. The term was created at the beginning of the year by a blogger using the term to describe certain celebrities who embellish their emotional difficulties to generate sympathy and gain more followers. The term has now gained traction and is seen as a growing trend on social media. The challenge with sadfishing is that sometimes real problems can become overlooked or young people can even be bullied for having shared their problems online.



What parents need to know about SADFISHING



ATTENTION NEEDING

This is sometimes also called attention seeking. The urge to belong is universal. Everyone seeks attention. The feeling of belonging and knowing that others are thinking about you is part of what it is to be human. As the use of social media has grown, the opportunity for attention is enormous but this sometimes comes at a price. Positive interactions (such as someone liking your tweet) trigger the same kind of chemical reaction (dopamine) that is caused by gambling and recreational drugs. This reaction reinforces a behaviour and for minimal effort, a young person is rewarded with dopamine and attention.

SHOWING VULNERABILITY

Being vulnerable and oversharing can sometimes lead young people open to being groomed online, offering predatory social media users an opportunity to gain their trust by offering sympathy. A Digital Awareness UK report includes the case study of a teenage girl who, after posting about her depression online, was approached by a friend of a friend who shared their experiences and later ended up pressuring her to send him explicit pictures.



OVERSHARING

Oversharing is the act of revealing too much personal information. When young people share too much about their feelings or problems they are often desiring very much to connect and belong. In order to gain more attention and likes a young person might be tempted to overshare their feelings beyond a normal face to face conversation. The challenge with this is that the young person is sharing personal thoughts and feelings with people they do not know and the support they gain back is 'unregulated' and might be very unhelpful.

BULLYING AND DISAPPOINTMENT

According to Status of Mind report by Royal Society for Public Health UK, social media platforms are a useful tool to maintain or build on real world relationships, improving mental health and wellbeing. When young people do share their feelings and worries online, they are seeking emotional support from others. However, whilst some friends may comment and like a post to be helpful, other friends may accuse the post of 'sadfishing' and trying to gain attention, ultimately making the situation and feelings about themselves worse.



Safety Tips For Parents

A CULTURE OF OPENNESS

Maintain and commit to having a culture of openness at home where your child can express their feelings without judgement, and you acknowledge their world and current difficulties. Support your child to navigate growing up in a world with social media and their developing sense of self.



ASK MORE THAN ONCE

Being a parent of a teenager means a constant negotiation between keeping them safe and letting them go. If their behaviour has changed or they have a prolonged bout of low mood or stress, let them know you are there for them when they are ready to talk. Sometimes this may mean asking them more than once. This gives them the message that you are there for them and that they are not alone.



POSITIVE ATTENTION

Provide opportunities during the week for time together. Teenagers sometimes prefer side by side conversations like going out for walk, at the dinner table or driving in the car somewhere. Regularly commit time to a family evening together where you can share time and/or an experience together like a home movie and popcorn, a game (even an online game which may be suitable), shopping or cooking.



PROMOTE HEALTHY FACE TO FACE RELATIONSHIPS

Where possible, help your child maintain healthy relationships with friends who are helpful and supportive. This may mean inviting them over regularly, providing transport to and from activities with the group of friends, or helping your child organise activities. Spend time helping to encourage healthy, supportive face to face relationships.



TALK ABOUT THE IMPORTANCE OF BOUNDARIES

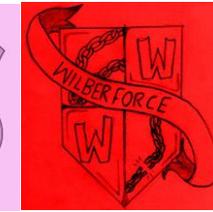
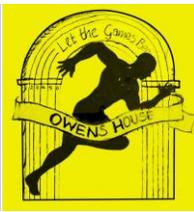
Discuss the consequences of oversharing, particularly on social media. Maintaining a healthy privacy outlook is important when we are perhaps sharing our feelings with people who are not known to us. But as friendship and trust develop, it is healthy to share more information and talk more openly.



Meet our expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.





Fundraising News

BRAVE THE SHAVE
MACMILLAN CANCER SUPPORT

MOVEMBER

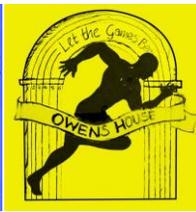



Mr Rowland's (Achievement Mentor and Head of Frank House) moustache will soon be gone! Many thanks to those who have donated.

<https://www.justgiving.com/fundraising/rowlands-movember>

Well done to M Piegrass (8W) who raised a fantastic **£1,500** for Macmillan Cancer Support – she bravely shaved off her hair in front of a packed hall of students and staff last Friday 22nd November.

In support of
WE ARE MACMILLAN. CANCER SUPPORT



HOUSE

Autumn Term Events:

9-13 Dec	Grey-Thompson Charity Week
10 Dec	7-4-7 Sport-a-thon
11 Dec	Staff Bake Off
12 Dec	Christmas Concert
13 Dec	Year 7 Disco
20 Dec	Non Uniform Day

House Running Totals:

Cadbury 147 pts

Scott 146 pts

GT 133 pts

Mandela 128 pts

Frank 122 pts

Wilberforce 118 pts

Owens 104 pts

Alumna of the month: November 2019

Trish Lamb (nee Hall) (2001- 08)



Trish is the Customer Experience Manager at the Met Office.

She is a passionate Customer Experience Manager with a demonstrated history of working in a scientific organisation.

Trish's career history has centred around customer service; from initially providing it, to managing a team of advisors and now going beyond customer service and managing the full experience and all interactions our customers have.

She has a strong knowledge and interest in environmental sciences with a first class BSc in Geography and a Masters of Research (MRes) focused in climate change impacts and feedbacks from University of Exeter.

Harpenden Gang Show

Ever seen the Gang Show?

Lots of our students join more than 150 young people, all of who are Cubs, Scouts or Explorers from Harpenden, Wheathampstead and Kimpton and perform in the Harpenden Gang Show, staged at Harpenden Public Halls every January. It's a brilliant show full of singing, dancing and sketches and is always a real hit with our sell out audiences.

Tickets are now on general sale so if you've not been before or you're a long time supporter, come along and see what it is all about.

For tickets visit www.harpenden.gs

or call: 07554 243767

Herts Academy Netball Camp

Led by Herts County U13 Lead Coach



This camp is aimed at developing the skills and performance of aspiring athletes who wish to trial for Herts County U13 squad for the 2020 season. Players must be of club level and competing regularly in their top teams.

Extras

- ◆ Superleague Player Coaching (Mon—Wed)
- ◆ All players will receive a netball

The camp is unique as it will include off court sessions:

- Player profiling and personality testing
- The importance of strength and conditioning
- Performance analysis and tactical awareness
- Building leadership skills



Venue: St Albans High School for Girls Netball Courts AL35LJ

Dates: Monday April 6th—Thursday April 9th

Times: 9.00am — 4.00pm (8.30am—5.00pm early and late drop-off available)

Ages: School years 5 — 8

Cost

- 1 day : £45
- 4 days: £165
- Early/late: Extra £10 a day

To signup, please fill out the google form below. The camp will be capped at 80 players and therefore will be first come first served.

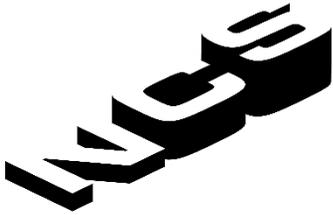
You will be notified within 10 working days of signing up if you have successfully gained a place.

Sign-up form: <https://forms.gle/99sn4dRuP2m1vu3h8>

Email: hertsacademycoaching@gmail.com

For siblings, there is a boys Herts football camp run by previous Arsenal, Crystal palace, Tottenham Hotspur and England player, Alex Jennings, held at the same venue, at the same times.

For more information, please click here: <https://forms.gle/q8xaPTqGE6f6pGNt6>



#YCNCS
POWERED BY



NCS (National Citizen Service)

NCS is a government funded youth programme that takes place during the summer holidays and runs for either three or four weeks.

It costs just £50 to take part, however sign up before the end of November and pay only £30! If your child qualifies for free school meals this reduces the cost to £20.

Young person's NCS journey:

Be Epic – Feel the freedom of the outside world for five days away from home, taking on adrenaline-fuelled activities like Jacob's ladder, canoeing and archery. Your team will cheer you along every step of the way, sharing in every challenge and every success.

Live Life – Next up, you'll spend five days living at The University of Bedfordshire gaining crucial life skills, from public speaking to basic first aid.

Do Good – Back at home, you and your team will devise a social action project based on an issue you feel passionate about. You have the skills and confidence to do anything – the more original, the better! This is your chance to feel proud by making a real difference in your community.

Celebration – Celebrate your achievements with your fellow NCS grads and receive your certificate signed by the Prime Minister!

Please sign up and pay online at www.wearencs.com

We have a range of dates available:

St Albans/Dacorum: 29/06/20 – 24/07/20 (4 week)

St Albans/Dacorum: 06/07/20 – 24/07/20 (3 week)

St Albans/Dacorum: 13/07/20 – 07/08/20 (4 week)

St Albans/Dacorum: 20/07/20 – 14/08/20 (4 week)

St Albans/Dacorum: 03/08/20 – 28/08/20 (4 week)

There are other locations available if the above dates in the St Albans area are not suitable for you. For more information please call us on 01992 555912.

Anyone who completes the medical form within 14 days of payment will receive a unique code to get a free Totum card. Usual price is £12.99. Totum offers discounts at a range of shops, restaurants and experiences

If you have any questions, please contact one of our team on **01992 555912**.

NCS Team

NCS is delivered in your area by YC Hertfordshire

Hertfordshire County Council | County Hall | Hertford | SG13 8DF

NCS Team Office 01992 555912



NHS Essential Services Open Day & Careers Event

With over 100 different careers available at CUH, the Wider NHS Essential Services Team could have the ideal role for you.

How does the team support the hospital to ensure the best possible care for our patients? Why not come along to the open day to find out more: <http://bit.ly/CUHopendaynov19>

NHS Essential Services
Open Day

Saturday 30 November
9am - 2pm
Deakin Centre

TOGETHER
WE MAKE A
DIFFERENCE

+44 (0)1223 217038

www.careers.cuh.nhs.uk

Deakin Centre
Addenbrooke's Hospital
Richard Howe Way
Cambridge
CB2 0QQ



SCAN ME

Exhibition Programme

**Ground Floor
&
Main Plaza**

- Recruitment & Careers Services
- Finance
- Workforce Directorate
- IT/eHospital
- Communications
- Staff Bank Services – Temporary Working
- Apprenticeships
- Work Experience
- Volunteers
- Children’s Play Area
- Sta Café

First Floor – Staff Access Only

Second Floor

Administrative Services – Including teams from:

- Appointment Centre
- Patient Transport
- Patient Experience
- Admin roles within our wards and clinics
- Contact Centre

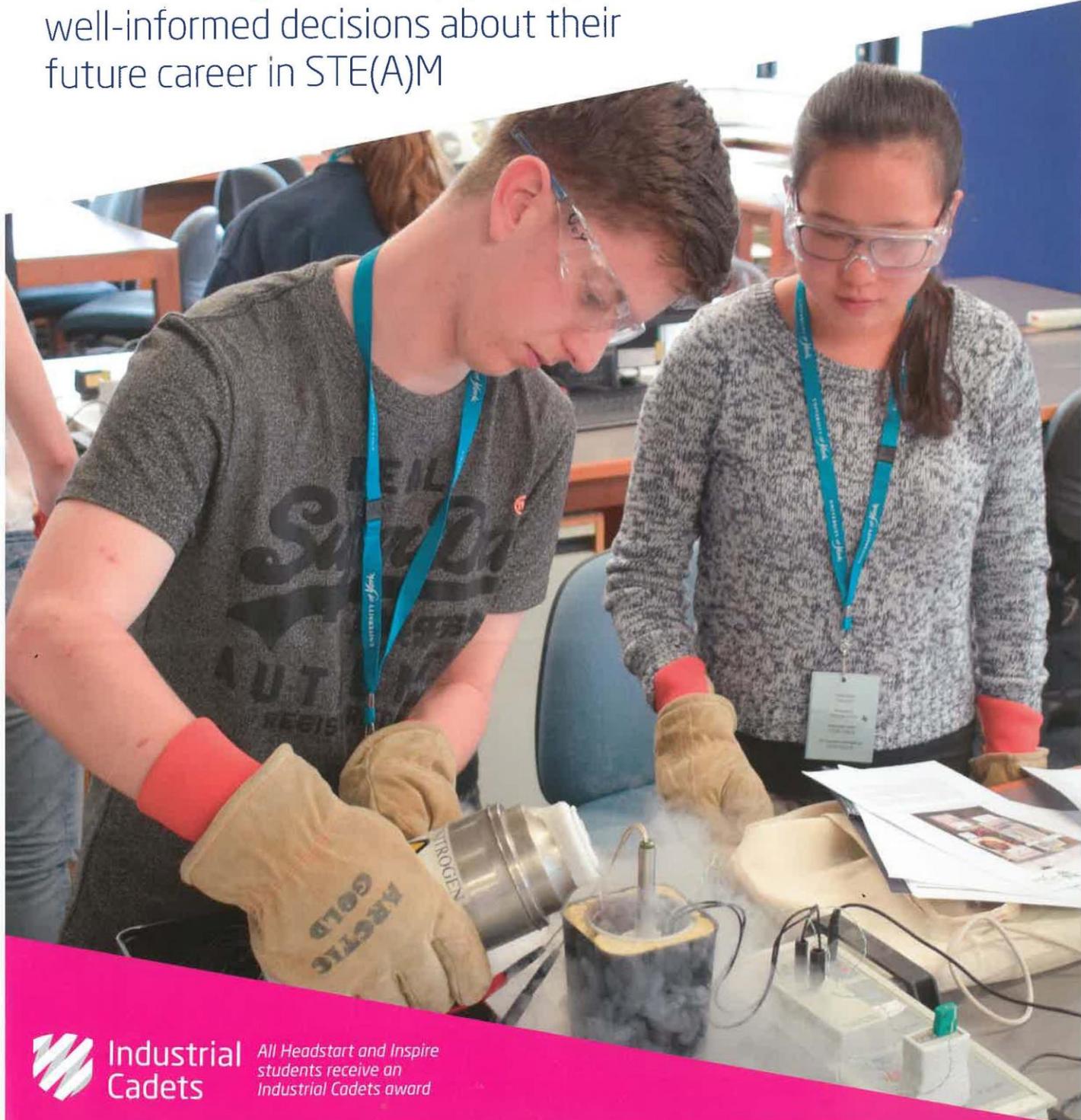
Third Floor

Estates & Facilities Services – Including teams from:

- Maintenance
- Capital Planning & Development
- Property
- AVM Services – Decontamination Specialists
- Sustainability
- Medirest – Catering, Cleaning & Housekeeping
- Serco - TBC
- Saba – Security & Car Parking Services

Headstart and Inspire

Courses designed to help young people make well-informed decisions about their future career in STE(A)M



Let us Inspire you!

Courses for 14 - 16* year olds who want to find out more about further education in STE(A)M**



- Do you have an interest in creativity, problem solving or innovation?
- Do you want to play a part to make the world a better place?
- Do you wonder if university is the right path for you?

These enjoyable 3 day courses give you a flavour of many different aspects of engineering and/or science, and offer insight into future careers, just before you start your sixth-form studies.

What's involved? You will:

- **Develop new skills & gain confidence**
Take part in hands-on STE(A)M projects, lectures and workshops. Learn how to work in teams, manage a project, develop research techniques and present findings.

- **Learn about university life**

Hear about university life from lecturers, admission tutors and post-grad students.

- **Meet like-minded individuals**

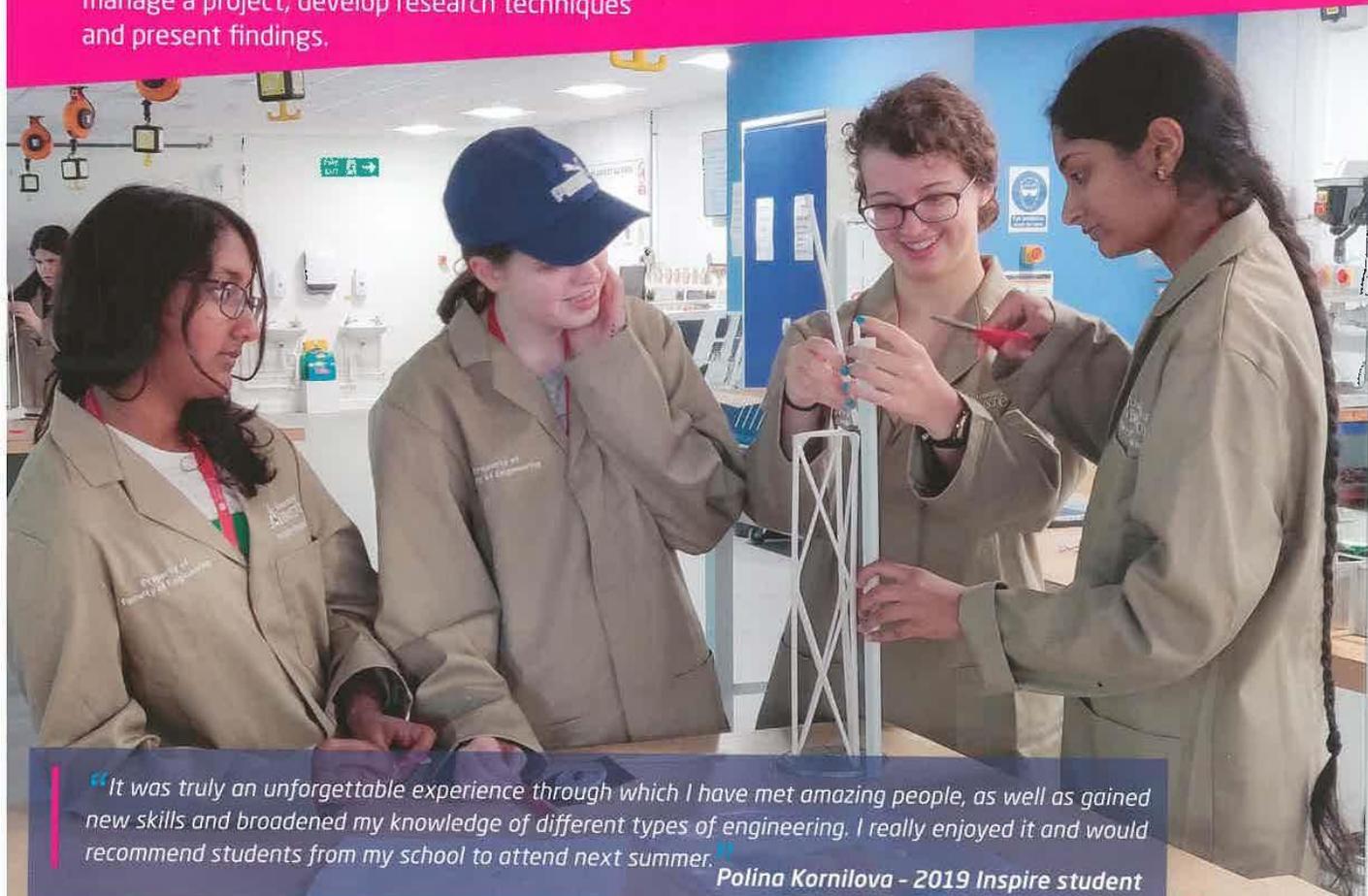
Bring along a friend and meet other students from across the UK who have similar aspirations. Meet other students and researchers/professionals who will explain their own achievements.

Courses start from £150 (non-residential) and £245 (residential). Bursaries are available.

We welcome applications from September 2019!

Visit our website for further information and the full list of courses.

www.etrust.org.uk/inspire-courses



"It was truly an unforgettable experience through which I have met amazing people, as well as gained new skills and broadened my knowledge of different types of engineering. I really enjoyed it and would recommend students from my school to attend next summer."

Polina Kornilova - 2019 Inspire student

*Only applies to students in Years 10/11 and S3/S4 in Scotland.

**Science, technology, engineering, arts and maths.

"I've had the time of my life carrying out experiments similar to those performed by undergraduates, such as measuring toughness using the Izod Impact test, estimating diffraction peaks using ionic radii and recording diffraction peaks using x-ray diffractometry."

Siena Castellon - Inspire & Headstart 2019 student



Give yourself a Headstart!

Courses for 16 - 17 year olds prior to UCAS or apprenticeship applications

- Do you wonder if university is the right option for you?
- Do you want to experience university life before applying?
- Do you want clarity on which undergraduate course is right for you?

This unique blend of learning and networking experience, whilst having fun, provides you the perfect mix to understanding what type of careers might lie ahead. It also helps you make well-informed decisions about your future, and decide whether higher education is for you.

What's involved? You will:

- **Discover the different courses and career paths available**

Get a flavour of what to expect at first year undergraduate level through hands-on experiences, so you can decide if a course is right for you before applying.

- **Experience the reality of university life**
Up to 5 days summer school placement at a top university, including accommodation, meals and activities.
- **Meet real role models from industry**
Meet STEM professionals, explore your options with university staff and meet peers considering similar routes.

Courses start from £199 (non-residential) and £395 (residential). Bursaries are available.

We welcome applications from November 2019!

Visit our website for further information and the full list of courses.

www.etrust.org.uk/headstart-courses



Our Impact...

About EDT



Established in
1984



40,000
STE(A)M experiences a year



700+
schools participated in
Headstart and/or
Inspire in 2019

Diversity



31%
of Headstart and Inspire
students are from
ethnic minority



48%
of Headstart students
are female



90%
of Inspire students
are female

Awareness



of students would
recommend the
courses to peers



of parents would
recommend to
others



92%
of students say they feel
that Headstart experience
will help them make better
informed decisions for their
UCAS applications

Outcome



declare STEM based
roles as their first job
destination



of Inspire students
say they will most likely
study physics at
AS/A level



of students are certain
that following their Headstart
course, they are more
confident they will study
STE(A)M courses at university

Thank you to our sponsors



Rhona Callendar



Thomas Gerald Gray



HITACHI
Inspire the Next

Contact us



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@industrialcadet

linkedin.com/company/5242322

E: industrialcadets@etrust.org.uk T: 01752 710 002

www.industrialcadets.org.uk



Ofsted Parent View

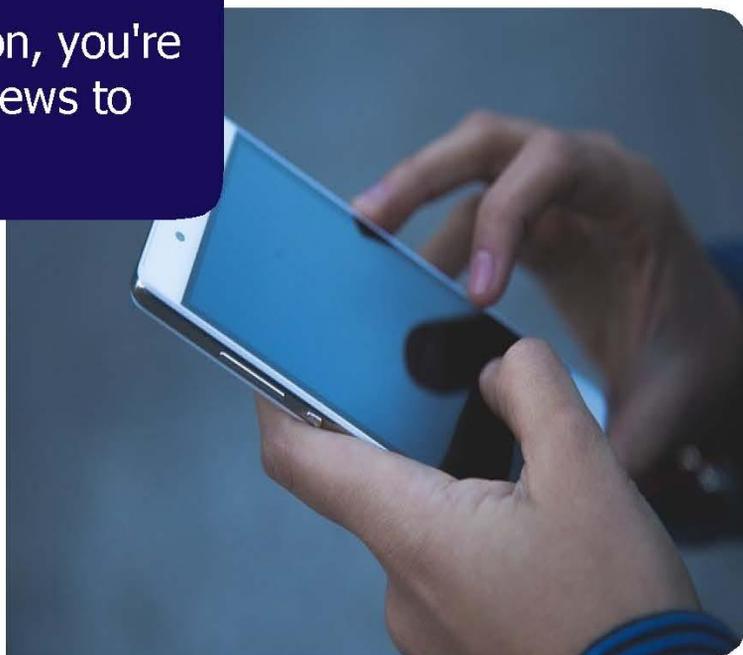
Are you a parent?

Have you heard of Ofsted Parent View?

Ofsted Parent View is an online questionnaire for you to give your views about your child's school.

You can fill it in at any time of the year.

During an Ofsted inspection, you're also invited to give your views to inspectors using it.



<http://parentview.ofsted.gov.uk>

Family Support Worker

Salary: £21,589-£24,799 (pro rata)

Hours: 26 hours per week term time only including inset days

The Harpenden Plus Partnership of Schools is looking for a friendly and approachable Family Support Worker to join our team. The team works alongside 23 schools to provide support for local families in Harpenden, Kimpton, Redbourn and Wheathampstead. The post will be based at Sauncey Wood Primary school.

This position offers diversity and challenge and we are proud to have been awarded the Families First Collaborative Team of the Year 2019. To join us you will need excellent interpersonal skills and a genuine desire to help others as you will work with children and young people, parents/carers and professionals from partner agencies. As part of a team, you will focus on enabling children and families to access support and on promoting the engagement of parents/carers in their children's learning, development and wellbeing. Above all you will need enthusiasm, creativity, perseverance and initiative.

The role involves family assessments, 1:1 parenting support, facilitating group parenting delivery, facilitating group delivery to children, report writing, researching opportunities and information sharing. A key aspect of the role is supporting local schools with the Families First Assessment process including the writing the assessment, setting up the Team Around the Family and drawing together the action plan.

The successful candidate will need to be IT literate and have excellent record keeping skills. You will need to have a Level 3 qualification and ideally experience in parenting support work, facilitating parenting courses and Families First Assessments.

It is envisaged that the post holder will work 26 core hours per week across 4 days (8.45-3.15pm on Monday & Tuesday and 8.45am-4.30pm on Wednesday & Thursday and commit to flexible working when necessary to attend training etc. Hours are open to negotiation and could be worked across 5 days. Use of own car is essential.

If you think that you have the skills, energy and experience to contribute to our team please apply via Teach in Herts www.teachinherts.com. Should you wish to discuss the post in more detail, please phone Helen Fitzakerly, Partnership Manager, on 01582 623676 or 07908 459450.

Applications must be made on the HCC forms available to download from Teach in Herts – CVs will not be accepted.

Closing date for Applications: Tuesday, 3rd December 2019 at midnight

Interview date: Monday, 9th December 2019

Start date: 7th January 2020

Listening to you

☎01582623676 ☎07908 459540 ✉hleigh@saunceywood.herts.sch.uk
✉ Sauncey Wood Primary, Pickford Hill, Harpenden AL5 5HL

JMF

JAMES MARSHALL FOUNDATION

Supporting young people in Harpenden and Wheathampstead since 1722

In 1722 a local man, James Marshall, left a remarkable gift in his Will. He created a charity that would support young people, living in Wheathampstead and Harpenden, to achieve their dreams.

Almost 300 years later, James Marshall's legacy lives on and he could have never imagined that, in the past six years, the Trustees have awarded grants in excess of £1,000,000.



James Marshall Foundation CIO can provide financial support to under 25's, living in Harpenden and Wheathampstead, from families of limited financial means, for educational and career-related opportunities.

The Foundation makes grants to young people towards school uniform and equipment, residential school trips, courses, laptops, college/university accommodation or travel costs, to apprentices and could support a business idea.

During the last year, the Foundation provided a significant number of grants to pupils of Roundwood Park, in a variety of areas including residential school trips, school uniform, laptops for homework and extra-curricular activities.

Please do get in touch if you think the Foundation could help.

Phone number:	01582 760735
Email:	office@jamesmarshallfoundation.co.uk grants@jamesmarshallfoundation.co.uk
Website:	jamesmarshallfoundation.co.uk

Harpenden PLUS

PARTNERSHIP

Harpenden-Kimpton-Redbourn-Wheathampstead



A free* 4 week course for parents and carers of children aged 5 to 18 about recognising and trusting feelings, making safe choices, improving relationships and communication and raising personal confidence and self-esteem.

*£50 if your child does not attend a HarpendenPlus Partnership school

List of partnership schools: Beech Hyde, Crabtree schools, The Grove schools, Harpenden Academy, High Beeches, Kimpton, The Lea, Manland, Redbourn School, Roundwood Park, Roundwood Primary, Sauncey Wood, Sir John Lawes, St Dominic, St George's, St Helen's, Katherine Warrington, St Hilda's St Nicholas, Wood End

4 My Family and Me

Fridays: 10th, 17th, 24th and 31st January

9.30 – 11:45

at Sauncey Wood School, Harpenden

You are able to register your interest on this course by emailing us on dmarsden@saunceywood.herts.sch.uk

All information is correct at the time of going to press, but may be subject to change.

St Albans Sleepout

#SAsleepout

REGISTER
TODAY

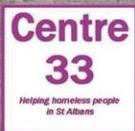
Friday 6th December 2019 9pm-7am
Oaklands College, St Albans



'One of the best experiences...really thought-provoking and a fantastic way to raise awareness and funds for homeless people' Lizzy Bell, Sleepout participant

Join us with family, friends or colleagues
For more information and to register
www.stalbanssleepout.org.uk

In Aid of



Kindly supported by



Oaklands College
Smallford
Hatfield Road
St Albans AL4 0JA
(sat nav AL4 0XS)

Centre 33 Registered Charity 1146438
Emmaus Registered Charity 1073808
Herts Young Homeless Registered Charity 1069498
Open Door Registered Charity 1028528
The Living Room Registered Charity 1175541



CHRISTMAS SERVICES 2019

St.Nicholas, Church Green, Harpenden, AL5 2TP

www.parishofharpenden.org

"Christmas is such a special time of year. We'd be delighted to welcome you at any of our services at any time, but particularly this Christmas with so much familiar music and our church beautifully decorated. Whatever your age, whether you prefer a traditional service or something more informal, there'll be something to suit you." Rev Dennis Stamps, Rector

Fridays 29th November & 6th 13th & 20th December:	1.00pm	Soup & Carols
Sunday 1st December:	4.30pm	Christingle*
	6.30pm	Advent Carol Service
Sunday 22nd December:	11.30am	Six Lessons & Carols(Cafe Church)*
	6.30pm	Traditional Nine Lessons & Carols
Christmas Eve:	3.00pm	Christmas Crib Service*
	5.00pm	Christmas Crib Service*
	11.00pm	Midnight Holy Communion with Incense and Carols
Christmas Day:	8.00am	Holy Communion with Carols
	9.30am	Holy Communion with Carols
	11.30am	Morning Praise with Carols

*Whilst everyone is welcome at all our services, these are particularly suitable for those with small children

Connect, Belong, Share, Grow



St Nicholas Church
invites you to

**JOIN A DAY OF FESTIVE FAMILY FUN FOR
THE WHOLE COMMUNITY!**

Breakfast Rolls, Cakes, Handcrafted Gifts, Christmas Music,
Raffles, Tombola, School Choirs & a Local Brass Band.

**GET CREATIVE WITH OUR CRAFTS
& VISIT FATHER CHRISTMAS IN HIS GROTTTO!**

Saturday 7th December 10.00am - 1.00pm
St.Nicholas Church, Church Green, Harpenden

Christmas starts with St.Nicholas

CONNECT, BELONG, SHARE, GROW
www.parishofharpenden.org