

Issue: 142

Roundwood Park School, Roundwood Park,
Harpenden AL5 3AE Tel: 01582 765344
e-mail us at admin@roundwoodpark.co.uk

Date: 31 January 2020



RoundUp is published fortnightly on our website.
<http://www.roundwoodpark.co.uk>

Headlines

Dear Parents and Carers

It was great to see so many parents at the Year 11 consultation evening last week. Parents, students and staff thought that it was a productive evening and feedback given to the students will hopefully spur them on over the last few weeks as they get closer to their GCSE exams.

Last Friday we had a PSHCE day for Year 11 on the topic of issues facing young people. There were lots of interesting sessions, the most inspirational of which was listening to somebody talking about how he overcame a gambling addiction. He passed on advice so that students can avoid getting "sucked in" to a world which is all too easy to join online these days.

Congratulations to our trampolining squad who once again distinguished themselves by performing so well in the zonal competition in Cardiff. They now go through to the national finals in Southampton in March.

There has been a mood of celebration over the last two weeks with nine students getting offers from Oxford or Cambridge universities. Congratulations to them all, as well as those who were successful in securing interviews. Whilst we are clearly very proud of these students, we are equally proud of all our students and the many different destinations that they have been successful in applying for such as apprenticeships, universities and the world of work.

We look forward to celebrating further with our students in the summer when the A Level and BTEC results are known.

Alan Henshall
Headteacher

Hale Family Fundraising

Lee Hale, one of our ex-students, has been badly injured in a road traffic accident. A friend of his parents is fundraising for them so that they can spend their time at his hospital bedside without worrying about work at this difficult time.

Please find the link below if you would like to support them. Thank you.

[Fundraising for a family in crisis - Lee Hale](#)

13th & 14th February

A reminder that the school will be closed on Thursday 13th and Friday 14th February for staff training and then from Monday 17th to Friday 21st for Half Term.

Absence Line

When you call in for absence, please use our dedicated 24 hour absence

line: **01582 714049**

or e-mail us at

absence@roundwoodpark.co.uk

Forthcoming Events

Year 9 Parent Consultation Evening
Thursday 5 March

Year 8 Parent Consultation Evening
Thursday 19 March

Centrebus Fare Revisions

Centrebus have advised us that there will be fare revisions across the Centrebus Network from 27 January 2020.

The changes will affect students who purchase single, return, weekly and monthly tickets on the bus.

Full details can be found at:
<https://www.centrebus.info/news/fare-revisions/>

Music Tuition Fees – Summer term

A reminder that the deadline for payment of music tuition for the summer term is Monday 10th February 2020.



ChatHealth is a confidential text messaging service, provided by the Hertfordshire School Nursing team that enables parents and young people to contact their local public health nursing (school nursing) team.

If you need confidential health advice and support, **text your school nurse on 07480 635050**

Find out more at:
<http://ow.ly/Am3130nYlkk>
#ChatHealthNHS

Follow Hertfordshire School Nursing on
Twitter: @HCT_SchoolNurse
Instagram: hct_schoolnursing

Payments



Residential Trips



Duke of Edinburgh Silver Expeditions (Year 11)

7-9 April & 26-26 June 2020
Deposit £50.00
due by Friday 31 January

MFL Paris/Rhineland (Year 8)

22-26 June 2020
3rd Instalment £150.00
due by Friday 7 February

Jay Peaks Ski Trip 2021

28 March – 5 April 2021
2nd Instalment £350.00
due by Friday 31 January

Netball Tour to Swindon

15-17 May 2020
Final Balance £87.00
due by Monday 10 February

The Foreign Office advice for travel to Europe, after Brexit on 31st January, states that passports must be valid for 6 months beyond travel dates. EHIC cards will still be valid until the end of December 2020.

If your son/daughter is travelling to Europe on a school trip, please check that he/she has a valid passport and EHIC card and apply to renew them now, if necessary.

Miss Manton, Residential Trip Coordinator

Vacancies



Any current vacancies are published on our website. Please follow the link below:

<https://roundwoodpark.co.uk/vacancies/>

Important Dates

See also the [RPS calendar](#) on the website for any updates

YEAR 7	EVENT
6 May	Bully free form
18 May-4 June	Year 7 Exams
22 May	Sports Day
22-26 June	Enrichment week
2 July	Parent Consultation Evening

YEAR 8	EVENT
19 March	Parent Consultation Evening
18 May – 4 June	Year 8 Exams
22 May	Sports Day
22-26 June	Enrichment week
8 July	Drug awareness day

YEAR 9	EVENT
27 February	KS4 Options Evening
5 March	Parent Consultation Evening
11 March	Deadline for KS4 Options
8-12 June	Year 9 Exams
22-26 June	Enrichment week

YEAR 10	EVENT
4 February	Parent Information Evening
5 February	Y10 Careers Investigation Day
23 March on	Year 10 Exams
1 April	Work Shadowing Day
22 May	Sports Day
22-26 June	Enrichment week

YEAR 11	EVENT
31 January	Deadline for Sixth Form applications
11 May	GCSE Exams start

YEAR 12	EVENT
26 March	Y12 Parent Consultation Evening
27 April	Y12 Exams start
11 May	Y12 Professional Placement Week
22 May	Sports Day
22-26 June	Reading Week

YEAR 13	EVENT
12 March	Y13 Parent Consultation Evening
14 May	Y13 Leavers' Breakfast
18 May	A Level exams start
23 June	Y13 Clearance Day
25 June	Y13 Leavers' Ball

Please visit the [RPS website](#) for further information including [RPS Calendar](#); [Daily Bulletin](#); [Latest News](#); [Letters Home](#); [Trips & Visits](#); [PE News](#); [Vacancies](#); [RPS HouseSystem](#) [Extra-Curricular Clubs Timetable](#)

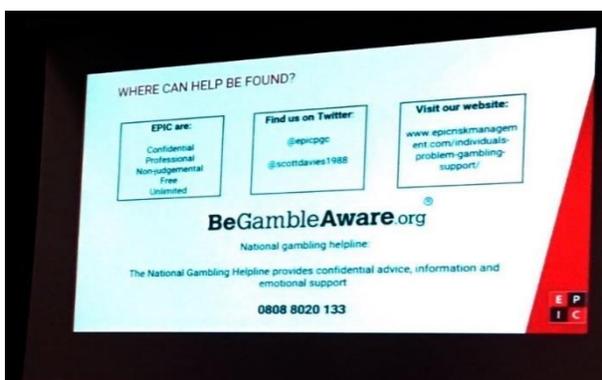
Please also follow us on Facebook and Twitter [@RPSCREATIVE](#); [@RPSPE](#); [@RPS Pastoral](#); [@RPS CAREERS](#)
Or download the Roundwood Park mobile app to keep up to date.

Year 11 PSHCE Day “Issues Facing Young People”

On Friday 24 January Year 11 took part in their third PSHCE day - “Issues Facing Young People”. Some of the topics covered were knife crime, homelessness, teenage pregnancy, drugs & alcohol and gambling. We were extremely fortunate to secure a visit from Scott Davies, ex-professional football player, who talked openly to the students and staff for well over an hour about his own gambling addiction which started in his teens and went on to have a seriously detrimental impact on his life, family and career. Scott now works for the organisation Epic Risk Management, who are spearheading a project in partnership with a leading university in which they provide research and deliver education around the risks of gambling to young people under the age of 18. The feedback on Scott’s session from both students and staff was extremely positive and we look forward to having many more visits from Epic in the future.

Herts Young Homeless also delivered their annual Home Truths session where students learnt about the realities of homelessness, recognised the importance of preparation before leaving home and identified the skills they will need to live independently once they have. Both facilitators from HYH complimented Year 11 on their engagement and good manners throughout the sessions. Well done Year 11 on a great day’s work.

Mrs Cunningham, PSHCE Co-ordinator



Art Ceramic Evening

Year 9 boys create inspiring tile relief work

For our second session working with Year 9 boys on an extension ceramic project, the students have again created some exciting pieces using the theme 'sweets.'

Using clay to create relief tile work and a lino cutting process, students have acquired new skills and knowledge including selecting glazes and the kiln firing process. The boys demonstrated RPS Aspire learning for life through creative thinking. Well done.



Year 8 students create fabulous make up looks to support and promote diversity in RPS's "Change starts with us" campaign.

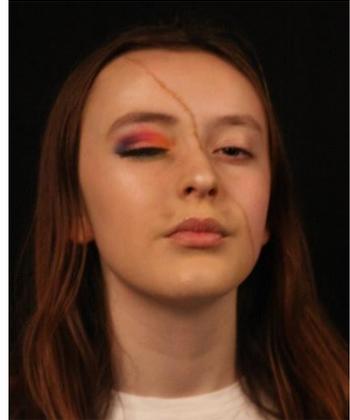


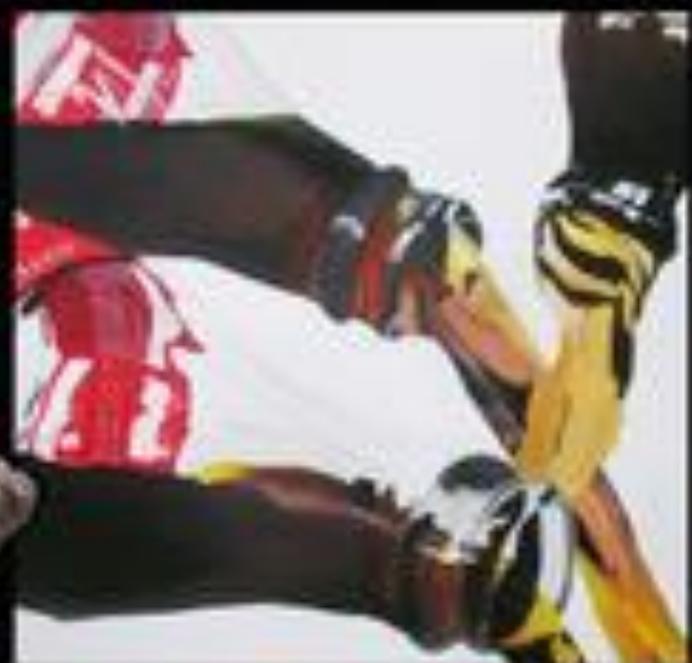
We invited Year 8 art students to create special effect make up looks to support Roundwood Park's 'Change starts with us' mental wellbeing and anti-bullying campaign. Students spent an evening creating innovative and individual looks interpreting the theme 'Change starts with us'. Working with our Year 13 Photography A Level students Beth and Holli, who set up studio lighting and backdrops, the Year 8s were photographed. We are so proud of their creative thinking and how they interpreted the theme. Photographs are being digitally printed and will be on show in the drama corridor. Please look out for them.



A big thank you and well done to A Swan, C Rishworth, G Winspear, H Garbutt, I Calixte-Barnett, L Brocklehurst, M Piegrass and R Choudrie. Also to our Year 13 photographers. We are so proud of the work you have all produced.

Mrs Jenkins, Art Department





Schools Art Exhibition

Saturday 25th Jan

Sunday 2nd Feb

Assembly Room,
St Albans Museum & Gallery,
St Peter's St.
St Albans AL1 3DH

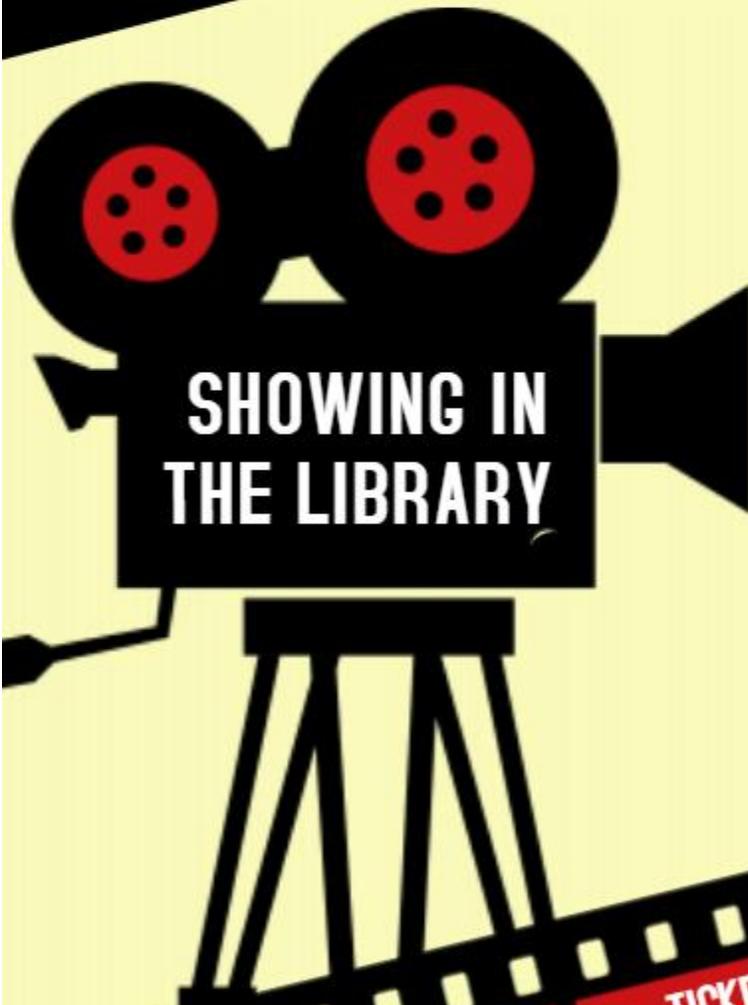
FREE!

RPS COMPUTER SCIENCE AND LIBRARY PRESENT

SUPER-CINEMA

WED 26

MARCH



**TICKETS
AVAILABLE
FROM THE
LIBRARY DESK**

**3.30 -
5.10 PM**

Huge success for teams at Zonal Championships



Last weekend saw the trampolining squad attending the second round of national competition against the Central region. The day was filled with success and excellent sportsmanship for everyone involved.

First up at the Sport Wales National Centre, Cardiff were the **U19s Girls novice A-team**, made up of B Colyer, E Bignell and G Sands and they were hugely successful. Six excellent routines secured them first place and Zonal Champions, with E Bignell becoming the individual Zonal champion with 1st place. We would reiterate a personal thank you to G Sands who has continued to improve and make a full team allowing these gymnast to compete - she battled lots of nerves and was brilliant.



Next up was the **U19s intermediate girls** category and our individual I Slade faced a very fierce group of gymnasts. She put in exceptional effort and performed incredibly well, finishing 9th. Next to compete was the **U19s elite boys** category where J Keddy gave a brilliant performance. While it was a disappointing final score he competed strongly and finished 5th.



Our **U15 Boys intermediate team** took the stage and E Roberts, E Lowry, A Hall and S Haxon performed outstandingly, now with a full team with the return of A Hall. Their competition was strong but they were able to conduct themselves brilliantly, finishing as Zonal champions and E Roberts placing 2nd individually.

After lunch the **Under 13 girls team** faced their second ever competition! A Rees-Witham, I Harnett, I Turner and E Sandilands battled their nerves and performed solid routines which saw them take Zonal Champions placing 1st.



They faced some challenges at the competition but conducted themselves well. They have continued to make us proud and excited for the final round as well as their potential for the future.

Huge success for teams at Zonal Championships

The **Under 15 team** followed, made up of E Gallagher, I Glennie, T Bowles and E Graham. They all performed to a high standard after continued effort in training for this competition. They went on to secure themselves 2nd place, advancing to the finals, with I Glennie placing 2nd as an individual from a strong performance.



Our older boys were last to compete. The **U19s Intermediate boys** team was made up N Bates, J Woods and A Birch. An outstanding performance from all the boys led to them to taking 1st place and proceeding to the next round as Zonal champions. J Woods secured a place as an individual in 2nd.

Overall, all 5 teams and 4 individuals advance to National Finals in Southampton. A huge congratulations to all the gymnasts who attended and thank you for your attitudes throughout the day. Also a massive thank you to S Ellins for your support on the event. Lastly, thank you to Mr Hunter, Miss Mullally and Miss L Moxham and all the parents for ensuring the smoothing running of the day, and thank you to Ms P Moxham for preparing, coaching and encouraging our gymnasts on the day and throughout the year - it really wouldn't be possible without her.

Alongside our Zonal successes our lovely intermediate Year 9 girls' team were invited to a GCSE moderation competition. They all trained hard and performed excellently with their precision and attention to detail paying off as they came 1st. So a huge well done to E Day, N McHale, E Braylin and C Wall for representing the school so brilliantly.



Expressive Arts



SPOTLIGHT

Roundwood Park Drama presents

National
Theatre

@RPSCREATIVE

Connections
2020

Crusaders

by Frances Poet

*"Run away with your friends
Cause the ink's gone from all the pens
Use a dinghy to cross the Med
Keep on going when all your friends are dead."*

Since November, we have been working with the National Theatre on a brand new performance by playwright Frances Poet. For us it has been a much more exciting and enjoyable journey than for many of the characters in the story! In March, we showcase the piece to the public and a National Theatre director who will be giving us feedback before we show it again at the Royal and Derngate theatre in Northampton a month later.

We would love to share our journey with you so far! Please come and see us—see details opposite.



Supported by public funding by
**ARTS COUNCIL
ENGLAND**

Showcase Performances:

3rd and 4th March 2020

7.30pm

Roundwood Park School

Tickets £5 on the door or in
advance

M.Garbutt@roundwoodpark.co.uk

Performance 3: 10th April at the
R&D Theatre Northampton

Expressive Arts



SPOTLIGHT



Study shows that access to theatre and drama can boost children's academic performance

The recent university research explored the educational and social benefits of taking school groups to watch live theatre performances.

A schools-only performance at the Shakespeare Rose Theatre in York.

The study, carried out by Dr Natasha Kirkham, a senior lecturer in psychology and researcher at the Centre for Brain and Cognitive Development at Birkbeck University London, was commissioned by Encore Tickets as a follow-up to previous research among adults.

The ticket provider wanted to see if there were similar outcomes for children, so Dr Kirkham focused this new research on the effects of live theatre performance, uncovering three key benefits, which children as young as three years old can experience:

Improved social tolerance: Experiencing live theatre over watching similar content via a screen, such as a film, can achieve a much deeper understanding and absorption of the content leading to higher levels of social tolerance and a greater ability to question.

Improved academic performance: Engagement with performing arts positively impacts academic performance and can boost academic performance of the average child by four per cent when drama is part of the curriculum.

Positive social change: Theatre holds immense value for children's developing minds. It is a powerful tool for facilitating children and teenagers' self-efficacy to promote positive social change as well as an improved ability to broach complex and difficult issues and subjects.

Dr Kirkham said: "This research suggests an evident benefit of theatre attendance for children, across a range of developmental areas.

"Theatre can improve social bonding, allow for emotions to be explored in a safe space, develop the emotional and cognitive skills to deal with a complicated world, and kick-start conversations about important issues."

Further key findings

The study found that children and teenagers exposed to live theatre are more likely to develop emotional & cognitive skills for later in life.

Children who saw a live performance instead of a film adaptation showed:

Higher scores on tests of content knowledge of the play.

Higher scores on measures of social tolerance.

Higher scores on tests of social perspective.

Kieran Fox, head of consumer at Encore Tickets, added: "This report confirms what we have always believed about the importance of live theatre for children's development.

"It is clear that live theatre can have a positive impact on both academic performance and social behaviours and we would love to see more investment in drama and arts in schools."

Alumnus of the Month

January 2020



Drew Lyness

Wildlife & Conservation

Champion

(RPS 2006-13)

After his A Levels in the Sixth Form, Drew attended The University of East Anglia where he graduated in 2016 with a 1:1 BSc (hons) Ecology degree.

Whilst at UEA he took on the role of president of the Conservation and Wildlife Society for two years, aiming to get more students involved with this sector. Shortly after, he was employed by the RSPB as the 'Local Groups and Volunteering Support Officer' for Eastern England. This was a position which he held for three years, and during which time gained valuable experience of working with volunteers remotely, supporting volunteer-led community groups (including those working with children and young people) and helping staff deliver a high standard of volunteer management.

Drew also does voluntary work for the Oriental Bird Club, which is a volunteer-led charity that raises funds for wildlife conservation projects in South East Asia. Drew is a knowledgeable naturalist with a keen interest in bats, dragonflies, butterflies and marine mammals. Perhaps most obviously, Drew is a highly experienced and well-travelled birder. Over the last couple of years, he has been fortunate enough to encounter several critically endangered species such as Balearic Shearwater, California Condor and Spoon-billed Sandpiper.

Drew has also delivered many wildlife-themed talks to schools, universities and community groups. Most recently, he was scheduled by the local RSPB group in Harpenden to give a talk entitled 'My Passion for Swifts' but unfortunately it has been postponed due to separate work commitments.

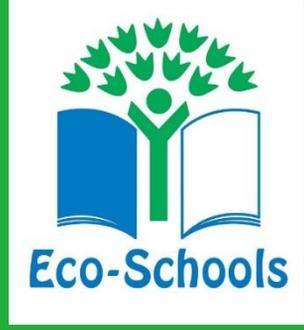
Currently, Drew manages Volunteering Operations for the Chartered Institute of Ecology and Environmental Management (CIEEM).

A typical gem from Drew. *Did you know a common swift (Apus apus) will stay airborne for up to three years after fledging!? One fledgling, satellite-tagged in Cambridge, took only five days to travel 5,000 km from the UK to Senegal. Madness!*

This Red-throated Bee-eater from The Gambia in December is one of my recent favourites! (photo courtesy of Drew Lyness)



Climate Action at RPS



stationery



Our Library Stationery Shop has a growing selection of Eco-friendly products available.

Let's create a better future by making small changes, to make the world a more sustainable environment.



Climate Action Group

"Positive change for a greener school"

Tuesday lunchtimes in HU9
1:15 - 1:50



Is heat leaking from your home?



Borrow one of Sustainable St Albans' Thermal Imaging Cameras to find those draughts and cold spots.

Create a more energy saving home this winter!

- *Join a free short information session*
- *Borrow a camera (it's free for the District's residents!)*
- *Improve your insulation where needed*

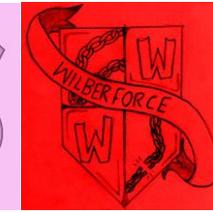
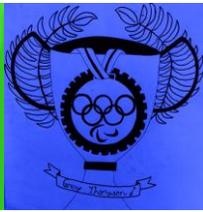


FIND OUT MORE!

www.sustainablestalbans.org/thermal-imaging



Registered charity no 1173118



Mandela House

CHARITY LEG WAX!

PLEASE SPONSOR THE

11M, 12M AND 13M

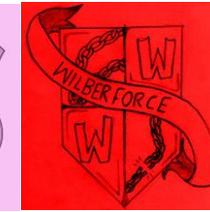
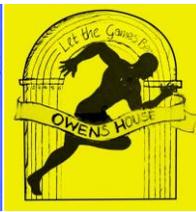
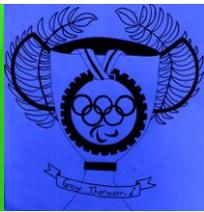
BOYS!



Donate here:

<https://www.justgiving.com/crowdfunding/mandelahouselegwax>

**The event takes place on the 4th
February at 1:15pm in the Hall!**



Mandela House

Food Bank/ Blessing Bag Collection



Herts Young Homeless



**OPEN
DOOR**
ST ALBANS

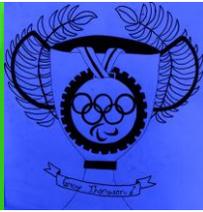
HYH works with Open Door. The charity provides bedrooms in St Albans for homeless people. There is support onsite for help and advice with housing, employment and welfare issues.

Please donate:

- Non-perishable food items
- Toiletries

DEADLINE- 12th February 2020





Mandela House

Donate to Herts Young Homeless



Warm a Heart with a Winter Coat



Please donate:

- Blankets
- Warm coats
- Second hand clothes
- Sleeping bags



There are about 35,000 young people in homeless accommodation at any one time across Britain.

Bring your items to Miss Plowman in the geography office by Wednesday 12th February.



2020-21 Head Boy & Head Girl Elections

Campaigning has been underway at Roundwood Park over the past few weeks by prospective Head Boys and Girls who would like to lead the student body next academic year.

The election will take place on 11th February.

The candidates are:



Ed Dack
Xavier Kanani
Ben Honnywill

Sophie Hayward-Surry
Lily Hughes
Megan King
Hope Kneller
Anya McGreevy
Milly Soanes

House Results - Running Totals

Scott	166 pts	Frank	145 pts
Cadbury	165 pts	Wilberforce	138 pts
GT	154 pts	Owens	127 pts
Mandela	153 pts		

BOOKSALE



Friday 31 January 2020
12 noon - 5pm
Saturday 1 February 2020
10am - 2pm



at THE RETREAT

(Corner of Gallows Hill/Abbots Road, WD4 8LT)

Future Dates: 29th Feb (Children's sale) , 15 & 16 May, 10 & 11 July

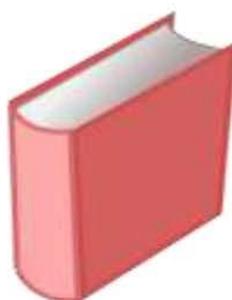
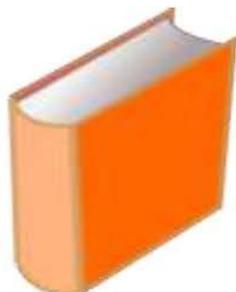
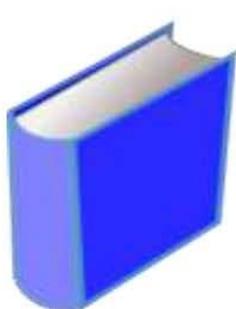
Thousands of brand new books at every sale

As a general rule:

£2 for paperback fiction or children's,

£4 for hardback fiction , other prices individually marked

Regret no dealers



The Book Trade Charity (BTBS)



The Book Trade Charity (BTBS), The Foyle Centre, The Retreat,
Kings Langley, Hertfordshire WD4 8LT

Tel 01923 263128

Website: www.btbs.org

Registered Charity no. 1128129 A Limited Company Registered in England no. 6725178

SCHOOL CROSSING PATROL WANTED



**WE ARE LOOKING FOR SOMEONE
WHO WOULD BE INTERESTED IN BECOMING
THE SCHOOL CROSSING PATROL FOR**

ROUNDWOOD PRIMARY SCHOOL

**THE PAY IS £9.00 PER HOUR
(excluding enhancements)**

JOB SHARE CONSIDERED

**IF YOU ARE INTERESTED OR WOULD LIKE
FURTHER INFORMATION PLEASE CONTACT
JANET FAIRHEAD ON 01992 556816**

Hertfordshire County Council, Active and Safer Travel Team,
County Hall, Pegs Lane, Hertford, SG13 8DN.
Tel: 01992 556816 January 2020

**Please can we remind you that it is parental
responsibility to get your child to and from school safely**

Take extra care while the crossing is unmanned



CAREERS NEWS!

RPS will be supporting National Careers Week 2-6th March. If you're not following us on twitter please do [@RPSCAREERS](https://twitter.com/RPSCAREERS) to keep on top of all the exciting events and activities planned.

www.nationalcareersweek.com

[#NCW2020](https://twitter.com/CAREERSWEEK)



PARENTS SAVE THE DATE!

WED 11th March – DEGREE APPRENTICESHIP EVENING

Come along to hear from Universities, Employers and Ex-RPS Students about studying a degree whilst working.



UNCOVER/Engineering



DEPARTMENT OF
**ENGINEERING
SCIENCE**



We're looking for girls who are
**creative, inventive and curious
about the world around them**

Does that sound like you? If you've got an
interest in solving problems with an
innovative style, then our new residential
course, Uncover/Engineering will help
you take this further

Explore solutions to worldwide problems
like climate change and healthcare

Find out more and apply at:

www.eng.ox.ac.uk/uncover

Deadline for applications:

13:00, Friday 31 January 2020

Who: Girls aged 14-16

Dates: 5-8 April 2020

Cost: Free to attend

Where: University of Oxford

Academic criteria: Predicted to
obtain a minimum of 6 GCSEs graded
at 7-9†

†including Maths, Science and English

Be On A Show!



Step Up To The Plate is back!

Hit CBBC show **Step Up To The Plate** is back and
you could join Fred and Allegra in running your own
restaurant.

We are looking for kids in **years 5 – 9** to join the
Restaurant Crew and come up with the restaurant
theme and décor, customise the look of the menu,
welcome and serve guests as well as dealing with
customer complaints: if selected you will be mentored
and judged by *First Dates* star and Maitre D'

Fred Sirieix.

Or maybe joining the Kitchen Crew is more your thing?
You will be tasked with creating a delicious menu and
cooking to a high standard for multiple guests: if
selected you will be mentored and judged by celebrity
chef **Allegra McEvedy.**

If you think you have what it takes to make it in the
high pressure world of a real restaurant, then we want
to hear from you. To apply please fill out the attached
application form with your parent or guardian and have
them send it to this address:

stepuptotheplate@liontv.co.uk

**YOU MUST HAVE PERMISSION FROM A
PARENT OR LEGAL GUARDIAN TO APPLY**

Apply ASAP!

Application Deadline: February 7th 2020

Oaklands College

Choose your course and campus...

St Albans Campus

Hatfield Road, St Albans, Herts AL4 0XR

Open Evening
Tues 4th February

🕒 5-8pm

- Adult Short Courses
- A Levels
- Agriculture
- Animal Management
- Apprenticeships
- Art, Fashion & Design
- Brickwork & Construction Trades
- Business
- Carpentry
- Computing & Technology
- EFL / ESOL
- Electrical Installation
- Equine Studies
- Higher Education
- Hospitality & Catering
- Horticulture
- Motor Vehicle
- Plumbing
- Public Services
- Sports Studies & Academies
- Supportive Learning

Welwyn Garden City

The Campus, Welwyn Garden City, Herts AL8 6AH

Open Evening
Wed 5th February

🕒 5-8pm

- Access to Higher Education
- Apprenticeships
- Applied Science
- Business
- Childcare
- Computing & Technology
- Construction & Civil Engineering
- Engineering
- Hair & Beauty
- Health & Social Care
- Higher Education
- Media
- Music
- Performing Arts
- Supportive Learning
- Travel & Tourism

Dates for your diary...

St Albans Campus

Open Evenings

Wed 29th April 🕒 5-7pm

Thurs 18th June 🕒 5-7pm

Dates for your diary...

Welwyn Garden City

Open Evenings

Tues 28th April 🕒 5-7pm

Thurs 18th June 🕒 5-7pm

www.oaklands.ac.uk

01727 737 000



InvestIN

AN IMMERSIVE EXPERIENCE OF YOUR DREAM CAREER...

Ages 15-18

Spring Term 2020

- Meet top professionals
- Boost your CV & UCAS application
- Get a head-start over the competition
- Experience your future. Now.



Register now at www.investin.org



Young Investment Banker Programme

University College London: 29th March



Young Doctor Programme

University College London: 22nd March
University of Manchester: 29th March



Young Entrepreneur Programme

University College London: 21st - 22nd March



Young Lawyer Programme

University College London: 8th March
University of Manchester: 14th March



Young Architect Programme

University College London: 4th April



Young Computer Scientist Programme

University College London: 7th March



Young Political Leader Programme

University College London: 21st - 22nd March or 4th - 5th April



Young Journalist Programme

University College London: 8th March



Young Engineer Programme

University College London: 8th March



Young Psychologist Programme

University College London: 29th March



Young Filmmaker Programme

University College London: 14th - 15th March



Young Marketing & PR Programme

University College London: 28th - 29th March

✉ info@investin.org

☎ +44 (0) 203 915 1420



InvestIN



Super opportunities for your Son/Daughter considering higher education and/or a career pathway in a Science, Technology, Engineering or Maths (STEM) based subject matter

The Engineering Development Trust (EDT) has two programmes of STEM based residential* university taster courses [Inspire and Headstart](#) across the UK this summer 2020.

What are INSPIRE and HEADSTART?

Inspire and Headstart are 3 and 4/5 day courses' (respectively) hands-on series of STEM based activities and lectures for young people aged 15 to 17 (year 11 & 12)** to further their understanding of degree/degree apprenticeship and future career opportunities.

These on-campus university-based experiences are an enabler for like-minded students to engage with lecturers and undergraduates on a challenging course specific agenda whilst practicing their problem determination, analytical, creative and life skills.

Benefits include:

- Practical sessions to reinforce theory-based lectures
- Variety of course offerings and themes to suit all individuals
- Access to university lecturers and undergraduates for advice and guidance on degree/degree apprenticeship and potential career pathways
- Bronze (Inspire) and Silver (Headstart) industry-led accreditation from [Industrial Cadets](#) (Inspired by HRH The Prince of Wales)
- Meet role models
- On-campus halls of residence experience

Course fee, bursaries & other support: The course costs £245 (3 day residential), £150* (3 day non-residential) for Inspire and £399 (4/5 day residential) for Headstart. Limited bursary places are available on BOTH programmes subject to [qualification criteria](#).

For more information/questions contact EDT: headstartteam@etrust.org.uk or 01707-871505

Apply online:

<https://www.etrust.org.uk/inspire-courses>

<https://www.etrust.org.uk/headstart-courses>

*There are 1 or 2 non-residential courses

**Inspire will consider mature/gifted year 10 students who are 15 years old



Careers in Practice 2020

For students in years 11-13

Legal Profession 18-19 February
Finance & Economics 20-21 February

More dates being confirmed for April
Limited places available on each course
Scholarships now available - see below

Where could a career in Finance, Economics or Law take your students?

[Click here to view sample legal programmes;](#)

[Click here to view sample finance and economics programmes](#)

Prospects and Shaw Trust City Careers Scholarships

Many of the professions included in the Prospects and Shaw Trust Careers in Practice programmes are working to overcome a lack of diversity and social mobility in their fields. The scholarship has been created to ensure that young people from all backgrounds have an opportunity to find out more about City based careers that they may not have previously considered. There are limited places for fully paid scholarships for young people who would benefit from the opportunities provided by Careers in Practice, see below:

Prospects and Shaw Trust City Careers Scholarship criteria and application process

Students applying for the scholarship must attend state school, college or academy, in addition to meeting at least one of the following criteria:

- Live in one of the 100 most deprived wards in London and the South East.
- Eligible for free school meals.
- Are a looked after child or care leaver.
- Belong to a cultural or racial group under-represented in the City.

To apply students need to send an email to lesley.margiotta@prospects.co.uk stating in not more than 250 words why they feel they would benefit from a place on the Careers in Practice event, stating preferred event and dates, and how they fulfil the criteria specified.

Where: City of London.

When:

Legal Profession: Tuesday 18 February and Wednesday 19 February 2020.

Finance & Economics: Thursday 20 and Friday 21 February 2020.

Time: Each day will start at 9.00am and finish at 4.30-5.00pm.

Cost: £225 (including VAT) with lunch provided each day.

Book your place now for:

[February Legal Profession - 18-19 February 2020](#)

[February Finance/Economics – 20-21 February 2020](#)

If you have any questions about the courses, please contact Lesley Margiotta on 0208 315 1013, or email lesley.margiotta@prospects.co.uk

Supporting your child with digital technology: Webinar for parents



Workshop Overview:

This workshop is aimed at supporting parents in managing and educating their children in the safe and appropriate use of technology in the digital world. Whilst there will be a general focus, we will also be offering advice regarding cyber bullying and the impact of digital devices on mental health. This year we are going to be offering this workshop as a webinar that parents can access at home- the hope being that this makes this important support evening accessible to parents with younger children at home.

Facilitators:

Lucy Miles, Deputy Headteacher, Apple Teacher
Sam Berry, Head of Computing
Hamish Arnold, Primary, Computing Lead, Apple Teacher

Date and Time:

6:30-7:30
3rd February 2020

Venue:

N/A

Please note that whilst older children are permitted to attend with parents, some of the content may not be appropriate for primary aged children to hear.

Register for both the webinar access through our website: www.herts-rtc.co.uk



Presented by

**Hertfordshire
Apple Regional
Training Centre**

herts-rtc.co.uk

enquiries@herts-rtc.co.uk

[https://twitter.com/
Herts_RTC](https://twitter.com/Herts_RTC)

Apple Regional Training Centres deliver courses to build the skills and confidence of educators to use Apple technology inside and outside the classroom.

We are a community who share best practices and inspire excellence through teaching with Apple technology.



NEWS RELEASE

Youth Talk
Lower Ground Floor
Dagnall House
2 Lower Dagnall Street
St Albans
AL3 4PA
01727 868684
info@youthtalk.org.uk
www.youthtalk.org.uk

20th January 2020

CHARITY LAUNCHES MAJOR YOUTH SURVEY INTO MENTAL HEALTH

Youth Talk reaches out to all 13-25 year olds in St Albans

Local charity Youth Talk is calling on all 13-25 year olds across the District to take part in what is being billed as potentially the largest survey of young people ever to be undertaken in St Albans. The survey aims to better understand the views of Young People to mental health issues and the barriers which might exist to getting support in St Albans.

Chief Executive David Barker said "Since joining Youth Talk last year it has become increasingly apparent that far too many young people across the District are not getting the support they need. As a vital local service we need to understand the barriers that exist – particularly around getting access to counselling services – and then build a plan to begin to improve things in the future".

Youth Talk was founded in 1997 by a local GP who realised that there was a significant need for a safe place where young people in St Albans could go for counselling and support with their mental health and emotional wellbeing. The local charity is currently undertaking a major review of its services in order to build a new strategic plan for the future.

The survey is being distributed across all secondary schools in St Albans and has had the backing of the St Albans and Harpenden Youth Council, Schools, local GP's and other professionals working in the area of mental health in Hertfordshire. Mental Health Champion for the District Council Anthony Rowlands said "Having been a long term supporter of the work of Youth Talk I would encourage every young person to take part in this important survey. The voice of Young People is critical if we are to begin to change things for the better".

Youth Talk is also currently considering the potential development of a new mental health alliance for St Albans. This would bring together key players and decision makers responsible for providing services to young people. "Results of the new survey will not only help Youth Talk develop its own

plan and services for the future but it will also give us some rich insight into other things we could be doing across the District to improve the current lack of support for young people" David Barker added.

The survey can be easily accessed online at www.surveymonkey.co.uk/r/YouthTalkSurvey

-ENDS-

For further details, pictures or to arrange interviews please contact: David Barker, Chief Executive of Youth Talk on 07973 102443 or david.barker@youthtalk.org.uk

Youth Talk Limited is a Company Limited by Guarantee (England) Registration no: 3322319
Registered Office: Lower Ground Floor, Dagnall House, 2 Lower Dagnall Street,
St Albans, AL3 4PA
Charity no: 1063572

Anxiety in Children - Positive Strategies for Parents - Talk



0-5 yrs

6-12 yrs

Summary



Parenting a child who struggles with anxiety can be exhausting and confusing at times. Every parent wants their child to be happy and confident, but it can be hard to know how best to support our children.

Many parents feel uncertain about why their children become anxious and whether they need to do more to protect them from difficult circumstances or back away and allow life experiences to run their course.

In this informative and skills-based talk, Dr Kerstin

Thirlwall will share typical causes of childhood anxiety and ways in which parents can help their child to overcome their fears and worries and better regulate their emotions. She will provide an overview of parenting techniques and environmental factors useful for raising emotionally healthy children.

This talk complements our recent event: *Raising Confident Children and Tackling Their Fears*. There may be some overlap, but emphasis of this talk will be on the importance of building secure attachments and on parent-led cognitive behaviour therapy (CBT) strategies.

Who is this event for?

This talk is aimed at any parents/carers seeking tips on how to support a child with anxiety, most suitable for children aged 2-12 years with some discussion of what can be expected in adolescent years.

It may also be useful for parents who struggle with their own anxiety levels.

What will parents gain from the event?

- An overview childhood anxiety and ways in which anxiety may manifest in childhood
- Techniques for supporting calmness and building confidence.
- Strategies for increasing resilience and building up brave behaviour

[CLICK TO BOOK NOW](#)

Event Details

Date: Tue, 11th Feb 2020

Time: 19.15 – 21.15

Location: The SandPit Theatre, St Albans, The Ridgeway, AL4 9NX

Cost: £19.50pp

About our speaker

Dr Kerstin Thirlwall is a Chartered Clinical Psychologist and completed her training at University of Oxford. Following her clinical doctoral degree, she was awarded a clinical research fellowship by the Medical Research Council and led a treatment trial investigating the effectiveness of parent-led cognitive behaviour therapy for childhood anxiety disorders. This evidence based approach has subsequently been adopted across numerous NHS settings. In addition to journal publications, Kerstin has co-authored several treatment manuals and *Parent-Led CBT for Child Anxiety: Helping Parents Help Their Kids*, a book for therapists working with parents, commissioned by Guildford Press (USA).

She is a visiting fellow at University of Reading and an honorary fellow of The British Psychology Society. She provides training to health professionals and parenting workshops alongside her clinical practice.

Kerstin is passionate about helping children and young people overcome difficulties relating to anxiety, low moods and/or poor self-esteem.

She helps children and their families to better understand factors which contribute to the development of positive mental health and supports them to change unhelpful habits and increase practices known to be effective in improving emotional resilience. She often works closely with parents in order to support them to help their child.



Family Lives Helpline

Free* confidential helpline for advice, information and support on any aspect of parenting and family life.

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Mon-Fri 9am-9pm Sat-Sun 10am-3pm

Through life's ups and downs, we're with you, all the way

www.familylives.org.uk

askus@familylives.org.uk

15-17 The Broadway, Hatfield, Hertfordshire, AL9 5HZ

* From landlines and most mobile networks.

**Do you like helping and talking to people?
Do you have a few hours a week to spare?
Thinking about volunteering?**

Our volunteers are a lifeline to many families going through a difficult time. Become a Helpline Volunteer and enjoy the experience of helping others as well as improving your own wellbeing. If you are good at listening and can spare a few hours a week, we want to hear from you. Full training is provided, you can volunteer from home if you have a PC and good internet connection or at our local branch based in Old Hatfield in Herts.

Email us at suebe@familylives.org.uk for more information.

Visit us at www.familylives.org.uk.

Harpenden PLUS

PARTNERSHIP

Harpenden-Kimpton-Redbourn-Wheathampstead

Family

Links



My Teen Brain

A Free* 4 week course for parents and carers of children aged 12 to 18

The course will give you the opportunity to learn about:

- Being the parent of a teenager - the role of the parent and how to respond to difficult feelings
- Understanding your teenager - development, parenting styles, praise and criticism
- Communicating with your teenager - talking and listening, handling difficult situations
- Managing conflict with your teenager - rules and boundaries, problem solving

Fridays 9:30 - 11:45

6th, 13th, 20th, 27th February

In the Jubilee Room at Sauncey Wood School, Harpenden AL5 5HL

All information is correct at the time of going to press, but may be subject to change.

*£50 if your child does not attend a HarpendenPlus Partnership school

List of partnership schools:

Beech Hyde, Crabtree schools, Grove schools, Harpenden Academy, High Beeches, Kimpton, The Lea, Marland, Redbourn, Roundwood Park, Roundwood Primary, Sauncey Wood, St John Lawes, St Dominic, St George's, St Heleris, St Nicholas, Wood End

[To register your interest please email dmarsden@saunceywood.herts.sch.uk](mailto:dmarsden@saunceywood.herts.sch.uk)

You will be sent a booking form and places will be secured upon receipt of your completed form and £20 refundable deposit.

DSPL7 would like to invite parents and professionals
to the **SEND Information Village**
Wednesday 4th March 2020, 10am – 12pm
The Hub, Fleetville Junior School

ABOUT THE EVENT

An opportunity to meet and talk to Specialist Advisors, Educational Psychologists, Service Providers and representatives from Special Schools, Oaklands College and the Voluntary Sector.

The SEND information village is a gathering of professionals dedicated to providing specialist support to children and young people (0-25 years) with Special Educational Needs and Disabilities.

Some of those attending include:

DSPL7 SEND Team, NESSie, Harpenden Plus Partnership, St Albans Plus Partnership, Links Academy Outreach Service, Speech, Language and Communication team, HPCI, SENDIASS, Carers in Hertfordshire, KIDS Hub, Independent Support Practitioner, The Collett Outreach Team, Hertfordshire Additional Needs Database, Add-vance, SPACE, Families in Focus, Early Years SEND Team, The EP team and more.....



DETAILS

DATES: Wednesday 4th March 2020

TIME: 10:00am – 12:00pm

VENUE: The Hub, Fleetville Junior School, 228 Hatfield Road, St Albans, Herts, AL1 4LW

COST: Free for parents and professionals

PARKING: There is no parking at the school. Free parking is available in the surrounding streets and at the local supermarket.

REFRESHMENTS: Provided

TO BOOK:

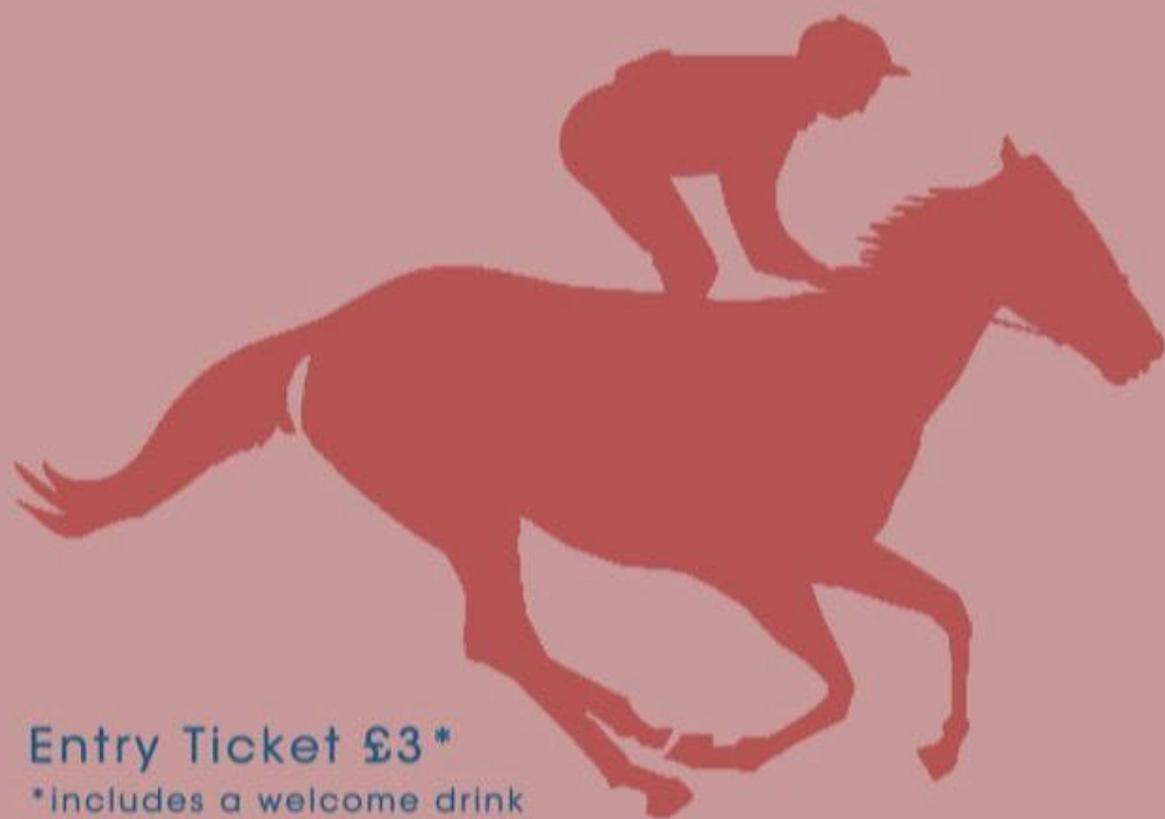
Email admin@dspl7.org.uk



RACE NIGHT!

to raise funds for the

WORLD CHALLENGE EXPEDITION



Entry Ticket £3*

*includes a welcome drink

£2 bet per race

CASH BAR

Friday 7th February 7.30pm

ROUNDWOOD PARK CANTEN

For tickets/queries ~ DavisMax2020@gmail.com 07967 682883

WORLD CHALLENGE FUNDRAISER

QUIZ NIGHT

Come and support Lucy and Allyna's World Challenge fundraiser to Ecuador this summer! Enjoy a night of fun-filled questions with friends and family.



£5 for entry

OR

£35 for a group of 8

All guests will receive a complementary drink
Snacks and drinks are available to purchase at the bar

To reserve a table, contact us at
14CheahA@roundwoodpark.co.uk or 07398533789
14GrahamL@roundwoodpark.co.uk or 07756219142

28 FEBRUARY, 2020

7:00PM TO 9:00PM

**ROUNDWOOD PARK SCHOOL
DINING ROOM
AL5 3AE**

QUIZ NIGHT

Friday 27th March 2020

Roundwood Park School Canteen

7:30pm - 9:30pm

Group sizes are up to 8-10 – please do not worry if there are only a couple of you, we can combine groups to make a team on the night.

Tickets are £10pp, which includes your first drink, alongside table treats.

This quiz night is a fundraiser for World Challenge. World Challenge involves raising over £4,000 for a month away. Within this month, students will help out in community projects, while completing activities that will take them out of their comfort zone.

Please email v.tattersall@roundwoodpark.co.uk for any queries or more information, as well as booking info!



Fundraising for World Challenge
2020.

Cate Tattersall

