Year 11 Resources to help you prepare for BTEC Health and Social Care

Complete this course in which you will learn the basics of First Aid: Get an introduction to basic first aid, including how to help someone who is choking, with this first aid course. How to Be an Everyday Hero.	**Listen** to an interview/podcast Read the article and listen to the short podcast on the importance of music for development of the baby The Listen Service BBC Why do Babies Love Music	**Read** the information in this power point and watch the short video clip to understand the wonder that is foetal development! Foetal development stages Amazing Animation of a Foetus Growing in the Womb	**Watch** these TED talks exploring the question: How can humans be so compassionate yet also so brutal and violent? What makes a serial killer? The biology of our best and worst selves A Serial Killer Profiler Explains the Minds of Murderers The Mind of a Killer Read the article from The Insider Magazine 9 early warning signs of a serial killer
Complete this course, which aims to demystify the ageing process, and learn how our everyday behaviours are likely to affect our long-term musculoskeletal health. Interesting for those also studying A level Biology or an interest in Human Biology and Health. The science of staying active in old age	**Complete** this self-assessment task and set SMART Targets Self Assessment Watch this short video to help you understand how to set targets. What are Smart Targets?	Listen to this BBC Sounds Health Matters programme on Childhood obesity and other childhood conditions… The Childhood Obesity Epidemic Why not listen to other programmes in this series. *Use this link to explore Government Statics on Obesity in ours and other UK regions.* Obesity Statistics	**Read** the information in Psychology Factsheet on the Nature and Nurture debate. Nature-nurture Have a go at answering the questions at the end.
Listen to the podcasts from 'Think Local act personal' Social Care collection Think Local Especially good is…. Community centred support What do we mean by community-centred approaches?	**Complete** this course on Why Older People Fall Explore why older people fall, discover practical methods to reduce the risk of falling, and recognise when to seek help. *Ageing Well*	**Read and research** Read through the power point and research high profile cases of abuse and identify why and where things went wrong. When things go very wrong.pptx	**Complete** this course Understand the role of nurses: from personal care, to supporting families and communities, to public health and infection control. The Role of Nurses Around the World
Complete this course Understand the role of nurses: from personal care, to supporting families and communities, to public health and infection control. The Role of Nurses Around the World	**Watch** this video on the work of street angels in Manchester. Try the Alcohol related challenges, read the case studies and debate the issues…. Street Angels Alcohol Safety Answers	**Read** this article on how traffic and power generation are the main sources of urban air pollution which can cause exacerbations of pre-existing asthma and contribute to new-onset asthma as well. Outdoor air pollution and asthma	**Listen** to this BBC Sounds The Listening project programme which explores all sorts of Health related topics from the view point of real life experiences. The Listening Project

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NOTES for Level Three Health and Social Care:

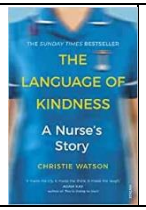
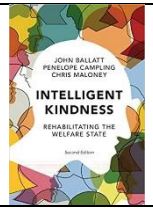
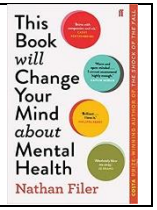
This course is a broad-based study for the health and social care sector. Whilst is it not essential to have covered the Level 2 Health and Social Care course, if you did not, it may be helpful to familiarise yourself with the Level 2 text book using this link.
https://www.pearson.com/uk/learners/secondary-students-and-parents.html

This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

The course prepares you for working in the Health and Social Care sector and if nothing else, this current situation has led to a realisation of the Nation the fundamental importance, if not the essential and life changing nature of this sector for our Nation. There is no better time to embark on this course and progression into a career in health and social care!

BTECs embody a fundamentally learner-centred approach to the curriculum, with a flexible, unit-based structure and knowledge applied in project-based assessments. They focus on the holistic development of the practical, interpersonal and thinking skills required to be able to succeed in employment and higher education. Therefore, we have given you a skills assessment as one of the tasks to choose from. We have also provided a range of activities from different areas of the course health care, from child development to care of the elderly and nursing and first aid to trying to understand the mind of a serial killer! Enjoy!

READING SUGGESTIONS for all: there are lots of popular subject related books, these are some that you may enjoy.

This Is Going to Hurt *Book by Adam Kay*		***The Language of Kindness*** *Christie Watson*		***Intelligent Kindness*** *by John Ballatt*		***This Book Will Change Your Mind About Mental Health*** *by Nathan Filer*	

Watch list: Links to a few TV documentaries or series that you may find interesting-some a little harrowing some truly uplifting.
https://www.bbc.co.uk/iplayer/episodes/b0bbth9p/matron-medicine-and-me
https://www.bbc.co.uk/iplayer/episode/p07lsr4d/jesy-nelson-odd-one-out
https://www.bbc.co.uk/iplayer/episode/m000df09/being-gail-porter
https://www.bbc.co.uk/iplayer/episode/p079wc1r/the-hostel-for-homeless-young-mums
https://www.bbc.co.uk/iplayer/episodes/b08w8ktc/hospital
https://www.channel4.com/programmes/old-peoples-home-for-4-year-olds/on-demand/64374-001
https://www.channel4.com/programmes/the-secret-life-of-4-and-5-year-olds