

Roundwood Park School: Physical Education department

A-level Physical Education

Following the OCR specification, this is a course that combines theoretical principles from physiological, psychological and socio-cultural aspects, looking at sports performance and participation from different angles, while offering reward for a student's practical competence.



COURSE STRUCTURE AND AWARD OF MARKS		
Physiological factors affecting performance 2 lessons a week 2 hour exam: 30% of grade	Psychological factors affecting performance 2 lessons a week 1 hour exam: 20% of grade	Socio-cultural issues in sport and physical activity 1 lesson a week 1 hour exam: 20% of grade
Non-Exam assessment (Practical performance and Evaluation/analysis task) 30% of grade Completed through the course, following extra-curricular time, filming and assessment. Marks are moderated on completion of course by OCR		

This course is an excellent progression from GCSE PE, where students are already used to a course that places heavy weight on theory performance. By following the same exam board at both levels, students find that this course builds on what they already know and develops them as academics, while grounding the theory in the sporting world that they love.

Students with grade 6 or above in GCSE PE and with suitable involvement in at least one sport outside school may take this qualification. Those not studying GCSE PE, could consider the course if they can demonstrate suitability through other courses (as detailed in the Sixth Form prospectus) and by highlighting their sporting credentials.

Following A-level Physical Education study, students follow sport related or non-sport related pathways in equal numbers. While many pursue sport science, technology, business, media or other related courses at university, others pursue non-sport related courses or career options with their PE grade assisting them on that route. While some opt for A-level PE study because it's a must for a future career, many take the subject because they love sport, enjoy knowing more and see it as one of their best opportunities to perform well and gain a good result which will help them progress to the next stage of their life.