## **Roundwood Park School**

## KS4 Health and Social Care



At Roundwood park school we value providing our students with a range of opportunities and routes through education. BTEC Tech Award in Health & Social Care offers up-to-date, vocational content, to start students on their journey towards working in the Health and Social care setting in a practical and interactive way. The skills and knowledge acquired, are transferable and will be a supportive step into KS5 qualifications, colleges and apprenticeships.

The course teaches students all aspects of growth and development of individuals, life factors that can affect that development and gives an insight into the roles and responsibilities of people working in the Health and Social care. It also gives students the opportunity to study aspects of human health and disease and work to develop and evaluate care plans to support a return to health. They will develop skills and knowledge of working in the sector through visits and external speakers, research tasks and case studies.

The practical approach to learning and assessment is welcomed by students and the course has high credibility with colleges, higher education and employers and it provides the students the opportunity to gain a real insight into working in this field in a way that is interesting and accessible.

BTEC in Health and Social Care will give students the opportunity to develop the essential skills needed to support people with a wide range of needs, from babies and toddlers to adults and the elderly. Through trips, visits and meeting individuals and researching case studies, students will develop their empathy, compassion and problem-solving skills. Students can gain an understanding of barriers that individuals may face accessing the care they need and the roles and responsibilities of the different settings for effective provision. This course empowers our students to become better care providers, better team players in study and work settings and therefore more valuable members of the wider community.

BTEC Level 2 Tech award requires applied learning that brings together knowledge and understanding with practical and technical skills. This is achieved through learners performing vocational tasks that encourage the development of appropriate vocational behaviours and transferable skills. Transferable skills are those such as communication, teamwork, research and analysis, which are valued in both education and the workplace. This is typically in the form of visiting and working with young children in a primary setting and senior living environments.

This course uses a combination of assessment styles to give students confidence to apply their knowledge to succeed and develop the study skills to continue learning at KS5 and higher education courses. This range of vocational assessments – both practical and written assignments and external examinations – mean students can showcase their learning and achievements to best effect when they take their next steps.

Year / Term	Unit of Work	Assessment
Year 10 Autumn term	Component 1: Human Lifespan Development Learners will investigate how, in real situations, human development is affected by different factors and that people deal differently with life events. A1 Human growth and development across life stages A2 Factors affecting growth and development B1 Different types of life event	Regular internal mini assignments every three-four weeks Component 1A, Assignment first draft due beginning of Dec. Reflect and correct and final submission due end Dec.
Super Curricular	Observe babies and children of friends and family, identify the key milestones achieved.   Read magazines and articles   https://www.caremanagementmatters.co.uk/   https://www.skillsforcare.org.uk/About/News/Care-magazine.aspx   Listen to podcasts on life events-I am Robert Chelsea   https://www.bbc.co.uk/programmes/p097qsbn	

Year / Term	Unit of Work	Assessment
Year 10 Spring term	Component 1: Human Lifespan Development cont. B2 Coping with change caused by life eventsComponent 2: Health and Social Care Services & Values Learners study and practically explore health and social care services and how they meet the needs of real service users. They also develop skills in applying care values.	Regular internal mini assignments every three-four weeks Component 1B, Assignment first draft due beginning of Feb. Reflect and correct and final submission due end of Feb Regular internal mini assignments every three-four weeks
	A1 Health and social care services A2 Barriers to accessing services	
Super Curricular	Volunteer at a nursery, elderly care home to develop care value skills.   Research different job roles watching these videos <a href="https://www.aquestionofcare.org.uk/character-choice#">https://www.aquestionofcare.org.uk/character-choice#</a> Watch TV real life documentaries such as One born Every minute   https://www.channel4.com/programmes/one-born-every-minute	

Year / Term	Unit of Work	Assessment
Year 10 Summer term	Component 2: Health and Social Care Services and Values cont B1 Care values B2 Reviewing own application of care values B1 Care values practical assignment Visit to Primary schools to run educational activity.	Regular internal mini assignments every three-four weeks Component 2A, Assignment first draft due beginning of May. Reflect and correct and final submission due end of May. Regular internal mini assignments every three-four weeks Component 2B, Assignment first draft due beginning of July. Reflect and correct and final submission due end of July.
Super Curricular	Carryout a self-assessment of your own care value skills, set targets to achieve on the practical assignment. Why not push yourself, Register with Future learn and take one of the online courses such as Inclusive classrooms? <u>https://www.futurelearn.com/courses/education-for-all</u>	

Year / Term	Unit of Work	Assessment
Year 11 Autumn Term	Component 3: Health and Wellbeing Learners will study the factors that affect health and wellbeing, learning about physiological and lifestyle indicators and how to design a health and wellbeing improvement plan. A1 Factors affecting health and wellbeing B1 Physiological indicators	Internal assessment-short mini assessment tasks every three-four weeks Mock Component 3 Exams November and December
	Lifestyle indicators C1 Health and wellbeing improvement plans C2 Obstacles to implementing plans	
Super Curricular	Learn about a diabetic diet, eat food from this diet for a week. How did you find it? <u>https://www.diabetes.org.uk/guide-to-diabetes/enjoy-food/eating-with-diabetes/10-ways-to-eat-well-with-diabetes</u> Take part in an event or do an activity that raises money for a charity of your choice. <u>https://www.mencap.org.uk/get-involved/fundraise-mencap</u>	

Year / Term	Unit of Work	Assessment
Year 11 Spring Term	Component 3: Health and Wellbeing cont Revision and exam practice	Internal assessment-short mini assessment tasks every three-four weeks External Component 3 Exam beginning of Feb.
	Review reflect and completion of any resubmission of assignments. Revision and resit on Component 3 exam.	Possible Completion of Extra assignment or revision for resit of Component 3 resit if necessary.
Super Curricular	Try and follow a new exercise routine, couch to 5K? Did you find it easy or difficult and why?   Understand about specific care planning-research different care plans, which ones do you like best and why?   https://www.diabetes.org.uk/guide-to-diabetes/enjoy-food/eating-with-diabetes/10-ways-to-eat-well-with-diabetes   https://www.registerednursern.com/nursing-care-plan-and-diagnosis-for-substance-abuse-ineffective-health-maintenance/   https://www.ghc.nhs.uk/wp-content/uploads/CHST-Nutrition-Care-Plan.pdf	