

ROUNDWOOD PARK PSHCE EDUCATION: LONG-TERM OVERVIEW



	Autumn 1 Health & wellbeing	Autumn 2 Relationships	Spring 1 Living in the wider world	Spring 2 Health & wellbeing	Summer 1 Relationships	Summer 2 Living in the wider world
Year 7	Transition and safety Transition to secondary school and personal safety in and outside school. Resilience.	Diversity Diversity, prejudice, and bullying <i>Form time: Citizenship – Political System</i>	Developing skills and aspirations Careers, teamwork and enterprise skills, and raising aspirations. <i>Form time: Citizenship – Voting</i>	Health and puberty Healthy routines, influences on health, puberty, unwanted contact, <i>Form time: Citizenship – Precious liberties</i>	Building relationships Self-worth, romance and friendships (including online) and relationship boundaries <i>Form time: Bully Free Form</i>	Financial decision making Saving, borrowing, budgeting and making financial choices <i>Citizenship: Managing money</i>
Year 8	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use. Vaping Resilience	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia <i>Citizenship: Human Rights</i>	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work. Volunteering - Citizenship <i>Form time: Citizenship – Rules, laws and justice system</i>	Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies	Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception. FGM	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks
Year 9	Peer influence, substance use and gangs Resilience, healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process	Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	Employability skills Employability and online presence
Year 10	Mental health + Resilience Mental health and ill health, stigma, safeguarding health, including during periods of transition or change <i>Drop down day: Wellbeing</i>	Democracy + Government, rights and responsibilities PSHE: Addressing extremism and radicalisation Citizenship: Democracy, Commonwealth, legal system <i>Drop down day- Law & Crime</i>	Financial decision making The impact of financial decisions and the impact of advertising on financial choices <i>Citizenship – Public money</i> <i>Drop down day: Careers</i>	Exploring influence The influence and impact of drugs, gangs, role models and the media	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography <i>Drop down day: RSE</i>	Work experience Preparation for and evaluation of work experience and readiness for work <i>Work Shadow Day</i>
Year 11	Building for the future Resilience, self-efficacy, stress management, and future opportunities. Debt and gambling <i>Drop down day: Issues facing young people</i>	Families + Community Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships <i>Drop down day: Citizenship – Improving the community</i>	Next steps Application processes, and skills for further education, employment and career progression <i>Drop down day: Careers</i>	Independence Responsible health choices, and safety in independent contexts	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	