Year 12/13

Reading List for Psychology A level and to support future applications





Read this book: Memory.

The book is written by

Alan Baddeley, a key cognitive psychologist that we study for Edexcel Psychology. It is an in-depth. comprehensive and readable popular book on short-term memory.





Read this book The Psychopath Test.

The book is written by

Jon Ronson, who documents the psychopaths he meets, those whose lives have been touched by madness and those whose job it is to diagnose it.





Read this book The **Serial Killers:** A Study in the

Psychology of Crime and Violence.

The book is written by Colin Wilson and Donald Seaman, who have conducted an incisive study of the psychology of serial killers and the motives behind their crime.





Read this book The Chimp Paradox.

The book is written by

Steve Peters discusses this incredibly powerful mind management model that can help you become a happy. confident, healthier and more successful person. Explaining the struggle that takes place within your mind.

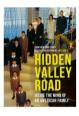




Read this book.

It is a true story of an American family with

12 children – 6 of who suffer from schizophrenia. Lots of discussion in the book around the causes of Sz and great for understanding mental health.





Read the book: Opening Skinner's box.

This book is by Lauren Slater who sets out to

investigate the twentieth century through a series of ten fascinating, witty and sometimes shocking accounts of its key psychological



experiments, many of which you will study as part of this course.



Read this book: Sane New World.

The book is written by

Ruby Wax, discussing her own experiences of depression and Cognitive Behavioural Therapy.





Read this book: **Thinking Fast and** Slow.

The book is written by Daniel Kahneman and looks at the implications of the two ways we make choices: fast, intuitive thinking, and slow, rational thinking.

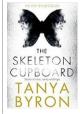




Read this book: The **Skeleton Cupboard.**

This book is written by

Tanya Byron and her experiences as a clinical psychologist.





Read this book: The Lucifer Effect.

This book is written by

Phillip Zimbardo and examines how the human mind has the capacity to be infinitely caring or selfish,



kind or cruel, creative or destructive.

