

SKILLS DEVELOPED TEAMWORK & LEADERSHIP PUBLIC SPEAKING PROBLEM SOLVING CREATIVITY & INNOVATION DECISION MAKING RESILIENCE & STAYING POSITIVE PLANNING & ORGANISATION SKILLS DEVELOPED

Your Future

A LEVEL EXAM SEASON STARTS

YEAR 13

A LEVEL EXAM PREPARATION

PREPARING FOR SUCCESS

REVISION

YEAR 13

- Routes to Parenthood
- Unintended Pregnancies & Options
- Fertility and What Impacts It
- Pregnancy, Motherhood & Employment
- Menstrual Charting
- Consent and Boundaries
- Revisiting Contraception

STATUTORY HEALTH & RSE

RELATIONSHIPS

CONTRACEPTION & PARENTHOOD

YEAR 13

FINANCIAL CHOICES

GATSBY BENCHMARKS - CAREERS -

LIVING IN THE WIDER WORLD

YEAR 13

- Budgeting at University
- Being Financially Savvy
- Financial Risks
- Consumer Rights & Customer Service
- Problematic Gambling

- Cancer & Getting Checked
- Vaccines and Immunisation
- Recognising Illnesses
- A Healthy Diet on a Budget
- Balancing Work and Life
- Supporting Others
- Anxiety, Depression & Eating Disorders
- Maintaining Positive Mental Health

STATUTORY HEALTH

HEALTH & WELLBEING

HEALTHY LIFESTYLES AND MENTAL HEALTH

YEAR 13

FORMING RESPECTFUL RELATIONSHIPS

STATUTORY HEALTH & RSE

RELATIONSHIPS

YEAR 13

- The Importance of Building Relationships
- The Importance of Family and Friends
- Online Dating and Personal Safety
- Exploring Emotional Intimacy
- Avoiding Toxic Friendships
- Power Differences in Relationships
- Breaking Up Relationships

WELCOME

Personal Development Journey Year 13

