



Effective Revision Techniques

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Getting Ready for Revision



Acknowledge that starting revision takes courage!

Start revising early - months not weeks.



Set up a nice, tidy and quiet revision space

Keep phone and other distractions away



Ensure proper sleep and diet throughout revision



Mix it up!

Plan revision using a timetable

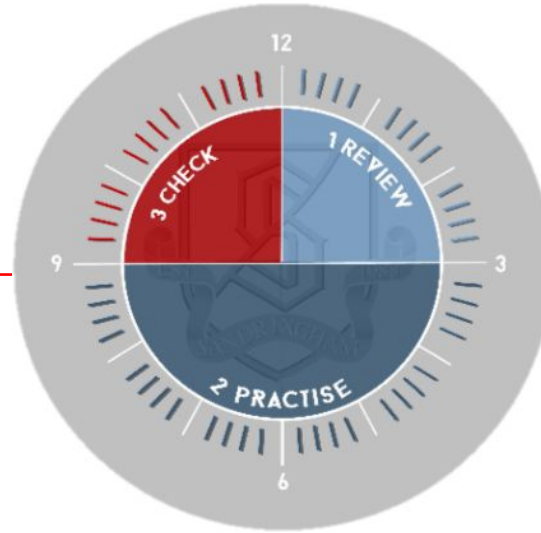
Vary your revision with different activities



What you think 'works well' when it comes to revision, might not really be effective!

The Revision Clock

1. Review:



Recap a small element of content - eg one chapter, or subtopic.

Watch a revision video

Create new flashcards

Create knowledge links

Make a mind map



Mix it up!



The Revision Clock

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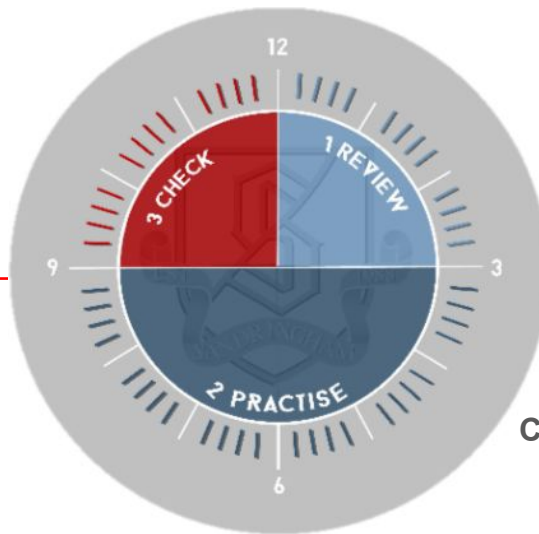
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Complete online quizzes



Mix it up!



Complete workbook questions

2. Practise:

Now put this knowledge to
the test

Practise flashcards

Complete the exam questions in exam conditions

The Revision Clock

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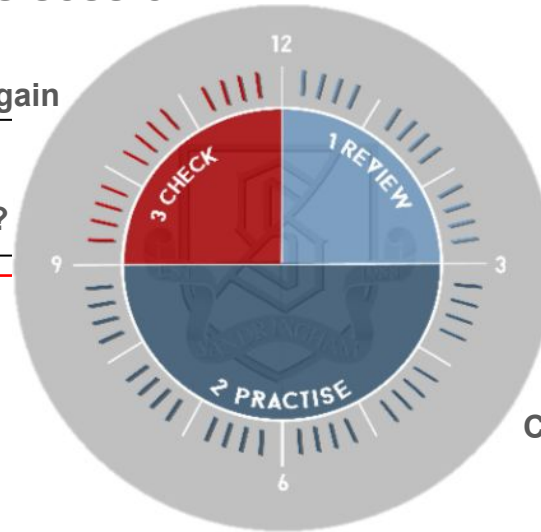
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Mix it up!

3. Check

Reflect on the revision completed in this session

Mark completed work

Try similar questions again

Create a Target:

What is the focus for the next session?

2. Practise:

Now put this knowledge to the test

Practise flashcards

Complete the exam questions in exam condition.

Further Tips



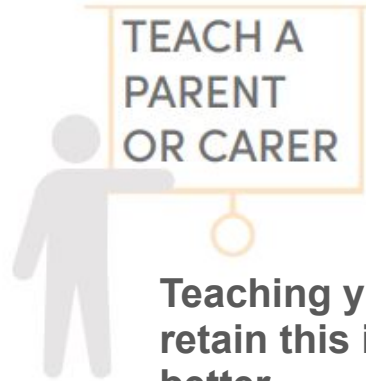
When feeling out of control and stressed, focus on what is in their control



Use the Forest app to avoid distractions



Set some little goals each day that they are confident they are going to reach



Teaching you helps them retain this information better



Find someone who also wants to do well on a test to do paired learning with

SPACE
and PACE

Make sure they re-test themselves again later again and again.

If they remember things in different places that is a good sign they know it really well.



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April 20, 2022

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By Dr Kathy Weston • 5 minute read

Updated on: April 20, 2022

