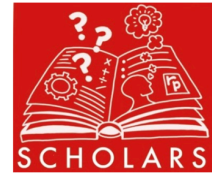


# A Level PE



Task	Details	Points
The Game Changers	Watch ' <i>The Game Changers</i> ' documentary and produce an argument for one side.	5pts
University	Find a university (or two) with sporting pedigree to explore courses and experience elite facilities.	5pts
New sport	Research a new sport from a different country. Something you have never heard of. Write a 250 word summary of your findings	5pts
Match analysis	Complete a match analysis of your favoured sport.	10pts
Research	Read at least three articles that link to specific parts of your A Level course. Write a 300 word summary of your findings	10pts
The Champion's Mind- How Great Athletes Think, Train and Thrive	Read ' <i>The Champion's Mind- How Great Athletes Think, Train and Thrive</i> ' by Jim Afremov. Write a 300 word review	15pts
Relentless- From Good to Great to Unstoppable	Read ' <i>Relentless- From Good to Great to Unstoppable</i> ' by Tim S Grover. Write a 300 word review	15pts
The Sports Gene- Talent, Practice and the Truth About Success	' <i>The Sports Gene- Talent, Practice and the Truth About Success</i> ' by David Epstein. Write a 300 word review	15pts
Work experience	Complete a day's work experience in a sporting context.	20pts
University study	Find a university dissertation study with a sporting theme and take part.	20pts
Coaching qualification	Take a level 1 coaching qualification in your chosen sport.	20pts
Coaching	Assist with the coaching of a lower school team.	20pts

University	Visit a university's sports facilities e.g. a biomechanics or anatomy lab anatomy	20pts
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