



GCSE Food Technology



Task	Details	Points
Quick bakes	Find a recipe on how to make honeycomb, make it and take a photo.	5 pts
Food science	Revise the scientific principles of gelatinisation, dextrinization and the milliard reaction. Create a revision resource to share with your classmates.	5 pts
Local produce	Visit a farmers' market and cook a dish using local produce. Take a photo.	10 pts
Read about Chefs	Read: A girl called Jack This is about a single mother who has won a book deal for her inspirational recipes on a budget. Write a 200 word review of her achievements.	10 pts
TEd Talk	Watch this TED talk about how food affects your brain: https://www.youtube.com/watch?v=xyQY8a-ng6g Summarise the talk in 5 bullet points	10 pts
Alternative diets	Find some vegan alternatives to your favourite meals and cook a vegan dish for your family. Take a photo of them enjoying your food.	15 pts
Healthy Eating	Watch the BBC documentary, The Truth About Sugar and record your thoughts in a blog style.	15 pts
Star baker	Watch an episode of Great British Bake off and create your own showstopper on the theme of 'My favourite film'. Take a photo of your amazing creation.	20 pts